



2. GVG Abendlauf Bergheim

HAUPTLAUF (10 KM) OVERALL-RANKING

| RG (STNR) | NAME, VORNAME | JG | VEREIN / (WOHNORT) | NETTO | ZEIT |
|-----------|----------------------|------|---------------------------------|------------|-----------------|
| 1 (605) | JÜSTEN, Florian | 1980 | Bunert - Der Kölner Laufladen | 0:35:11.51 | 00:35:13 |
| 2 (323) | NAUNDORF, Lars | 1975 | ASV Köln Triathlon | 0:35:18.51 | 00:35:20 |
| 3 (1722) | TREMS, Torsten | 1977 | Central-Team.de | 0:36:07.76 | 00:36:09 |
| 4 (1725) | VON KUK, Carsten | 1967 | LT DSHS Köln | 0:36:21.45 | 00:36:22 |
| 5 (1675) | SCHÄFER, André | 1973 | SG Monheim | 0:37:15.17 | 00:37:16 |
| 6 (465) | JOHNEN, Kenny | 1985 | LG RWE Power | 0:38:16.78 | 00:38:18 |
| 7 (178) | KAATZ, Michael | 1982 | Kreissparkasse Köln | 0:38:47.30 | 00:38:49 |
| 8 (1697) | RUHNKE, Robert | 1958 | LG RWE Power | 0:38:50.95 | 00:38:51 |
| 9 (1623) | HAUSER, Michael | 1974 | GVG-Laufteam | 0:39:05.76 | 00:39:07 |
| 10 (34) | POISCHEN, Thomas | 1970 | BSG RheinEnergie AG | 0:39:07.60 | 00:39:10 |
| 11 (1688) | LINDER, Melanie | 1975 | Art Duesseldorf | 0:39:10.86 | 00:39:11 |
| 12 (82) | ODENTHAL, Oliver | 1980 | Kegelverein Ruhige Kugel | 0:39:37.98 | 00:39:43 |
| 13 (456) | WINTERS, Laurin | 1990 | ASV Köln | 0:39:40.20 | 00:39:44 |
| 14 (470) | DANNENBERG, Nico | 1982 | ASG Elsdorf | 0:39:47.93 | 00:39:49 |
| 15 (1701) | WENDLAND, Jörg | 1964 | | 0:39:46.13 | 00:39:50 |
| 16 (168) | SIXTUS, Florian | 1973 | Run of Colours Promoteam | 0:39:53.74 | 00:39:56 |
| 17 (188) | GRONEUER, Christoph | 1979 | Kreissparkasse Köln | 0:40:16.16 | 00:40:18 |
| 18 (1723) | MEIßNER, Christian | 1981 | | 0:40:39.88 | 00:40:41 |
| 19 (1700) | MATZERATH, Torsten | 1985 | TV Huchem-Stammeln | 0:41:29.59 | 00:41:33 |
| 20 (480) | BRENTANO, Gerrit | 1992 | VfL Sindorf | 0:41:41.27 | 00:41:45 |
| 21 (1703) | SCHMITZ, Sarah | 1998 | ASV Köln | 0:41:43.79 | 00:41:47 |
| 22 (1724) | SCHWANKE, Martina | 1970 | LG Donatus Erftstadt | 0:42:01.55 | 00:42:03 |
| 23 (1616) | ERMERT, Dirk | 1970 | GVG-Laufteam | 0:42:49.14 | 00:42:53 |
| 24 (1733) | BUTZEN, Andreas | 1986 | | 0:43:32.85 | 00:43:38 |
| 25 (1698) | ECKERT, Klaus | 1963 | Rommerskirchen | 0:43:41.93 | 00:43:45 |
| 26 (1633) | REINARTZ, Michael | 1977 | GVG-Laufteam | 0:43:51.44 | 00:43:55 |
| 27 (1637) | SEKULLA, Martin | 1980 | GVG-Laufteam | 0:44:25.35 | 00:44:29 |
| 28 (394) | BÜRGER, Marita | 1984 | DJK Kleinenbroich | 0:44:31.94 | 00:44:34 |
| 29 (393) | GREISSL, Christopher | 1980 | TVDÄ | 0:43:37.51 | 00:44:39 |
| 30 (1695) | POPP, Daniel | 1985 | | 0:44:37.24 | 00:44:51 |
| 31 (60) | RYGOL, Klaudius | 1975 | - | 0:44:59.19 | 00:45:01 |
| 32 (1699) | VOIGT, Stefan | 1982 | LG RWE Power/ Rhein Erft Runner | 0:44:59.11 | 00:45:06 |
| 33 (535) | HASHIMI, Borhan | 1999 | Team Medio | 0:44:43.78 | 00:45:07 |
| 34 (377) | SCHWEITZER, Thomas | 1980 | LG RWE Power | 0:45:25.59 | 00:45:35 |
| 35 (1649) | BECKER, Lars | 1977 | LV Stommeln | 0:45:21.81 | 00:45:36 |
| 36 (1612) | DREYLING, Robert | 1977 | GVG-Laufteam | 0:45:39.93 | 00:45:50 |
| 37 (694) | KIM, Deokhwan | 1984 | | 0:45:46.44 | 00:46:04 |
| 38 (96) | BURRE, Frank | 1957 | TSV Meerbusch | 0:46:06.24 | 00:46:13 |
| 39 (522) | FÖRSTER, Dirk | 1973 | VCS Köln | 0:46:07.90 | 00:46:14 |
| 40 (174) | NOWICKI, Patryk | 1985 | Kreissparkasse Köln | 0:45:56.11 | 00:46:15 |
| 41 (546) | NORDEN, Dominik | 1982 | Just Fit Bergheim | 0:46:05.27 | 00:46:16 |
| 42 (1728) | LOBEN, Caro | 1981 | Laufen gegen Leiden | 0:46:14.72 | 00:46:19 |



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HAUPTLAUF (10 KM) OVERALL-RANKING

| RG (STNR) | NAME, VORNAME | JG | VEREIN / (WOHNORT) | NETTO | ZEIT |
|-----------|-----------------------|------|-------------------------------|------------|-----------------|
| 43 (385) | PRESCHA, Kristiane | 1967 | TriCologne | 0:46:11.40 | 00:46:22 |
| 44 (682) | MAMET, Michael | 1967 | ESV Horrem | 0:45:15.61 | 00:46:29 |
| 45 (466) | WILDEN, Nick | 1975 | LG RWE Power | 0:46:25.27 | 00:46:38 |
| 46 (551) | EL OMARI, Jawad | 1980 | Just Fit Bergheim | 0:46:25.93 | 00:46:40 |
| 47 (679) | JESCHKE, Alexander | 1991 | | 0:46:49.01 | 00:46:54 |
| 48 (36) | BRAMSEMANN, Urs | 1973 | | 0:46:10.29 | 00:46:59 |
| 49 (1710) | FAUST, Thomas | 1982 | Marathon Club Eschweiler | 0:47:06.69 | 00:47:10 |
| 50 (541) | AKBARI, Adel | 1992 | Team Medio | 0:46:55.33 | 00:47:18 |
| 51 (103) | LUX, Malte | 1988 | | 0:47:08.41 | 00:47:20 |
| 52 (667) | SCHMITZ, Katrin | 1993 | Laufclub Weilerswist | 0:47:18.56 | 00:47:33 |
| 53 (1709) | MÖBUS, Volkmar | 1953 | LT Skinny Bergheim 02 | 0:47:30.87 | 00:47:34 |
| 54 (1658) | SCHÄFER, Sophie | 2002 | LAV Habbelrat / Grefrath | 0:47:39.28 | 00:47:43 |
| 55 (573) | SCHWABE, Bernd | 1956 | TuS Brauweiler | 0:47:47.11 | 00:47:51 |
| 56 (145) | ODENIUS, Jacques | 1986 | Hardtseemafia Triathlon e. V. | 0:47:12.34 | 00:48:11 |
| 57 (387) | KRICHEL, Wolfgang | 1964 | | 0:47:58.63 | 00:48:12 |
| 58 (693) | PIERAU, Karl | 1947 | LC Jugend 07 Bergheim | 0:48:02.60 | 00:48:13 |
| 59 (128) | CUAN, Eduardo | 1992 | run for fun | 0:47:07.46 | 00:48:14 |
| 60 (1647) | GEIER, Sandra | 1990 | Ragas Dachdeckerei | 0:48:29.06 | 00:48:31 |
| 61 (1719) | PODZUS, Horst | 1961 | | 0:47:44.50 | 00:48:36 |
| 62 (513) | HAUCK, Matthias | 1980 | FV 1918 Brühl | 0:47:38.57 | 00:48:57 |
| 63 (322) | DITTMER, Inge | 1965 | | 0:49:13.23 | 00:49:19 |
| 64 (1613) | EIDENS, Georg | 1961 | GVG-Laufteam | 0:49:17.44 | 00:49:20 |
| 65 (111) | ZSCHOCKE, Clara | 1990 | | 0:49:24.78 | 00:49:39 |
| 66 (680) | SCHULZ, Joachim | 1977 | Team Erdinger Alkoholfrei | 0:49:15.81 | 00:49:40 |
| 67 (72) | RÖHRIG, Marcel | 1990 | | 0:49:34.68 | 00:49:59 |
| 68 (1635) | ROSSO, Mario | 1960 | GVG-Laufteam | 0:49:51.04 | 00:50:00 |
| 69 (77) | SOWADE, Uli | 1970 | Run of Colours Promoteam | 0:49:38.23 | 00:50:02 |
| 70 (565) | ORLOWSKI, Dietmar | 1963 | Just Fit Bergheim | 0:48:44.83 | 00:50:05 |
| 71 (392) | SCHWARZ, Dr. Holger | 1975 | | 0:49:54.17 | 00:50:08 |
| 72 (1644) | WARDENBACH, Thomas | 1967 | GVG-Laufteam | 0:50:11.72 | 00:50:17 |
| 73 (689) | MÖDDER, Wolfgang | 1965 | Marienapotheke | 0:50:13.76 | 00:50:19 |
| 74 (104) | OTTO, MICHAEL | 1967 | | 0:50:13.42 | 00:50:19 |
| 75 (117) | BETTMER, Bruno | 1959 | BSG Siemens | 0:50:18.31 | 00:50:21 |
| 76 (122) | SCHARFENBERG, Stephan | 1978 | FC Straberg 1968 e.V. | 0:49:28.08 | 00:50:30 |
| 77 (645) | KLEIN, Heinz-Georg | 1956 | TV Huchem-Stammeln | 0:50:26.66 | 00:50:31 |
| 78 (120) | SIGMUND, Stefan | 1987 | | 0:49:33.78 | 00:50:32 |
| 79 (461) | BONRAD, Peter | 1975 | | 0:50:32.93 | 00:50:42 |
| 80 (1604) | BÖTTCHER, Dirk | 1979 | GVG-Laufteam | 0:50:41.96 | 00:50:51 |
| 81 (243) | SCHEUER, Stefan | 1980 | Marien Apotheke | 0:50:25.69 | 00:51:05 |
| 82 (467) | HYNEK, Marco | 1974 | | 0:50:37.08 | 00:51:06 |
| 83 (403) | BLAZEJEWSKI, Martin | 1982 | Astrid Lindgren Schule | 0:50:39.59 | 00:51:12 |
| 84 (1614) | EMMERICH, Marc | 1980 | GVG-Laufteam | 0:51:07.41 | 00:51:14 |



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| RG (STNR) | NAME, VORNAME | JG | VEREIN / (WOHNORT) | NETTO | ZEIT |
|------------|----------------------|------|-------------------------------|------------|-----------------|
| 85 (98) | KOCH, Pascal | 1991 | | 0:50:49.62 | 00:51:17 |
| 86 (431) | KÜPPERS, Julius | 1991 | | 0:50:33.96 | 00:51:22 |
| 87 (1601) | BECKER, Karsten | 1975 | | 0:50:49.98 | 00:51:33 |
| 88 (118) | CZEKALLA, Claus | 1963 | | 0:51:38.69 | 00:51:41 |
| 89 (177) | KAATZ, Miriam | 1981 | Kreissparkasse Köln | 0:51:28.79 | 00:51:45 |
| 90 (650) | SCHMITZ, Lukas | 2004 | die 4 Schmitzens | 0:51:15.14 | 00:52:02 |
| 91 (648) | SCHMITZ, Stephan | 1972 | die 4 Schmitzens | 0:51:15.44 | 00:52:03 |
| 92 (1655) | HACHMANN, Anna | 2000 | Family Run | 0:51:29.95 | 00:52:03 |
| 93 (1654) | HACHMANN, Axel | 1967 | Family Run | 0:51:31.92 | 00:52:05 |
| 94 (1621) | GOEBEL, Nils | 1993 | GVG-Laufteam | 0:51:55.01 | 00:52:05 |
| 95 (687) | PERKHOF, Jutta | 1976 | Kita Sonnenblume - Glessen | 0:52:13.55 | 00:52:20 |
| 96 (688) | MEVISSEN, Andrea | 1973 | Kita Sonnenblume - Glessen | 0:52:13.82 | 00:52:20 |
| 97 (31) | WITT, Guido | 1965 | LG RWE Power | 0:52:20.21 | 00:52:30 |
| 98 (1726) | PITSCH, Achim | 1957 | LG Kreissparkasse Köln | 0:52:25.02 | 00:52:31 |
| 99 (1678) | MÜLLER-BADER, Sabine | 1970 | | 0:51:58.44 | 00:52:35 |
| 100 (678) | MAYR, Roland | 1971 | Kita Sonnenblume - Glessen | 0:52:30.99 | 00:52:37 |
| 101 (315) | BOLLIG, Klaus | 1964 | RWE POWER Schule zum Römertur | 0:52:27.12 | 00:52:41 |
| 102 (13) | EBELER, Dr. Guido | 1964 | Erftrunners | 0:52:39.42 | 00:52:44 |
| 103 (391) | GASCH, Carsten | 1979 | | 0:52:04.27 | 00:52:48 |
| 104 (1611) | DONAT, Nicol | 1968 | GVG-Laufteam | 0:52:52.14 | 00:52:55 |
| 105 (1603) | ABROMEIT, Werner | 1965 | GVG-Laufteam | 0:53:02.42 | 00:53:04 |
| 106 (1642) | LEHMANN, Anke | 1971 | LV Stommeln | 0:52:51.29 | 00:53:06 |
| 107 (160) | VOSSE, Jörg | 1973 | TEAM MEDIO | 0:52:44.77 | 00:53:11 |
| 108 (149) | NIEPHAUS, Florian | 1987 | TEAM MEDIO | 0:52:42.94 | 00:53:11 |
| 109 (638) | ESSER, Heidrun | 1960 | | 0:52:11.37 | 00:53:13 |
| 110 (1671) | WÖLK, Stephan | 1971 | Acte Herren Bergheim 2000 | 0:51:56.33 | 00:53:13 |
| 111 (190) | ABTS, Anne | 1975 | Kreissparkasse Köln | 0:52:24.29 | 00:53:18 |
| 112 (1645) | WIERK, Andreas | 1967 | GVG-Laufteam | 0:52:53.37 | 00:53:18 |
| 113 (644) | TITZE, Michael | 1989 | | 0:52:05.73 | 00:53:19 |
| 114 (1624) | HAUSER, Dunja | 1979 | GVG-Laufteam | 0:53:23.56 | 00:53:34 |
| 115 (512) | ADOLPHS, Horst | 1968 | Bunert - Der Kölner Laufladen | 0:52:15.38 | 00:53:38 |
| 116 (1618) | FIEDLER, Stefan | 1958 | GVG-Laufteam | 0:53:45.37 | 00:53:53 |
| 117 (75) | LIMBURG, Andrea | 1977 | | 0:53:09.39 | 00:53:58 |
| 118 (74) | ZERVOS, Nicole | 1968 | | 0:53:11.45 | 00:54:00 |
| 119 (1704) | PALM, Berthold | 1959 | TuS Brauweiler | 0:53:57.91 | 00:54:02 |
| 120 (604) | JOHNEN, Manfred | 1958 | LG RWE Power | 0:53:54.93 | 00:54:03 |
| 121 (186) | GEPPERT, Daniela | 1973 | Kreissparkasse Köln | 0:53:52.09 | 00:54:08 |
| 122 (135) | SCHNEIDER, Jens | 1968 | | 0:53:53.10 | 00:54:09 |
| 123 (1673) | KAISER, Marius | 1982 | Kanu-Klub-Bergheim | 0:53:38.08 | 00:54:11 |
| 124 (585) | OGAMBA, Simone | 1981 | Kein Verein | 0:53:10.14 | 00:54:18 |
| 125 (397) | STECKENBORN, Nadine | 1987 | Astrid Lindgren Schule | 0:53:47.65 | 00:54:19 |
| 126 (138) | PLESSE, Peter | 1986 | | 0:53:03.86 | 00:54:20 |



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| RG (STNR) | NAME, VORNAME | JG | VEREIN / (WOHNORT) | NETTO | ZEIT |
|------------|-------------------------|------|-----------------------|------------|-----------------|
| 127 (119) | BRIEGER, Thomas | 1956 | 1. FC Spich | 0:53:54.27 | 00:54:22 |
| 128 (313) | EßER, Udo | 1981 | | 0:53:58.55 | 00:54:27 |
| 129 (1631) | LADENTHIN, Mario | 1978 | GVG-Laufteam | 0:54:20.18 | 00:54:29 |
| 130 (101) | NORBURY, Mark | 1971 | | 0:53:59.05 | 00:54:38 |
| 131 (1) | PRANG, Hans | 1961 | | 0:53:57.39 | 00:55:02 |
| 132 (38) | FECK, Mona | 1975 | | 0:53:49.73 | 00:55:04 |
| 133 (146) | HOLZPORZ, Dr. Stefan | 1970 | TEAM MEDIO | 0:54:47.07 | 00:55:13 |
| 134 (132) | POHL, Michael | 1964 | | 0:54:36.44 | 00:55:22 |
| 135 (61) | BIANCO, Sabine | 1969 | Rhein Erft Runner | 0:54:50.38 | 00:55:23 |
| 136 (87) | LUTAJ, Ewgenija | 1987 | | 0:54:19.04 | 00:55:36 |
| 137 (558) | STOLZ, Manuela | 1986 | Just Fit Bergheim | 0:54:23.53 | 00:55:36 |
| 138 (121) | ROMMERSKIRCHEN, Bastian | 1986 | | 0:54:41.93 | 00:55:42 |
| 139 (65) | JULIUS DE VALQUI, Nadja | 1971 | | 0:55:21.05 | 00:55:43 |
| 140 (1721) | KRAMER, Thomas | 1971 | | 0:55:28.86 | 00:55:51 |
| 141 (187) | SICHTLING, Robin | 1995 | Kreissparkasse Köln | 0:55:35.06 | 00:55:52 |
| 142 (46) | KURTH, Tom | 1967 | | 0:55:40.51 | 00:55:55 |
| 143 (381) | OOSTHOEK, Luc | 1969 | | 0:55:06.46 | 00:55:58 |
| 144 (73) | RÖHRIG, Jörg | 1970 | | 0:55:33.84 | 00:56:00 |
| 145 (306) | BÜRGER, Dr. Robert | 1983 | | 0:54:59.24 | 00:56:01 |
| 146 (325) | BLOCH, Dirk | 1967 | | 0:55:55.83 | 00:56:01 |
| 147 (324) | BLOCH, Volker | 1966 | | 0:55:56.28 | 00:56:02 |
| 148 (150) | PECHAN, Olaf | 1964 | TEAM MEDIO | 0:55:51.36 | 00:56:03 |
| 149 (1684) | DUES, Fritz | 2001 | LC 07 Bergheim Jugend | 0:55:24.18 | 00:56:10 |
| 150 (686) | HEIL, Tabea | 2004 | Laufmonster | 0:55:39.98 | 00:56:10 |
| 151 (685) | HEIL, Dietmar | 1968 | Laufmonster | 0:55:41.23 | 00:56:12 |
| 152 (125) | SCHUBERT, Stefan | 1970 | Ski-Club Bovert | 0:55:00.18 | 00:56:12 |
| 153 (528) | HAMACHER, Michael | 1981 | | 0:56:08.46 | 00:56:17 |
| 154 (608) | HAMACHER, Ralf | 1983 | | 0:56:08.44 | 00:56:17 |
| 155 (305) | KRONENBERG, Torsten | 1969 | | 0:55:53.59 | 00:56:19 |
| 156 (18) | PACKMOHR, Kirsten | 1969 | Hobbyläufer | 0:56:15.08 | 00:56:30 |
| 157 (21) | FLIRI, Elke | 1969 | KSK Köln | 0:56:25.68 | 00:56:41 |
| 158 (10) | SCHULZ, Frank | 1963 | | 0:56:07.26 | 00:56:41 |
| 159 (646) | BUNGART, Monika Maria | 1959 | TV Huchem-Stammeln | 0:56:29.30 | 00:56:46 |
| 160 (1648) | KOHLGRAF, Christian | 1974 | Stadtwerke Bergheim | 0:56:18.00 | 00:56:48 |
| 161 (68) | NIX, Markus | 1969 | | 0:56:19.26 | 00:56:49 |
| 162 (1692) | ESSER, Martin | 1975 | | 0:55:58.06 | 00:57:02 |
| 163 (162) | FUß, Christina | 2004 | TEAM MEDIO | 0:56:37.93 | 00:57:06 |
| 164 (161) | FUß, Oliver | 1971 | TEAM MEDIO | 0:56:38.57 | 00:57:06 |
| 165 (175) | WALLSTAB, Frank | 1970 | Kreissparkasse Köln | 0:56:49.95 | 00:57:07 |
| 166 (79) | PANKE, Marc | 1974 | | 0:56:32.26 | 00:57:08 |
| 167 (49) | SCHARENBERG, Jan | 1971 | | 0:56:32.35 | 00:57:08 |
| 168 (110) | EWERT, Roman | 1987 | | 0:56:11.50 | 00:57:08 |



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HAUPTLAUF (10 KM) OVERALL-RANKING

| RG (STNR) | NAME, VORNAME | JG | VEREIN / (WOHNORT) | NETTO | ZEIT |
|------------|---------------------------|------|----------------------------|------------|-----------------|
| 169 (109) | EWERT, Heike | 1986 | | 0:56:11.51 | 00:57:08 |
| 170 (481) | GAWRONSKI, Stefan | 1983 | | 0:57:06.12 | 00:57:09 |
| 171 (692) | STROHHÄCKER, Kenan | 2004 | ASV Köln | 0:57:04.40 | 00:57:17 |
| 172 (691) | STROHHÄCKER, Jörg | 1975 | | 0:57:04.78 | 00:57:18 |
| 173 (540) | TAJICK, Elias | 1999 | Team Medio | 0:57:00.12 | 00:57:23 |
| 174 (609) | PFORDT, Alexander | 1965 | BKZ | 0:56:35.53 | 00:57:28 |
| 175 (35) | HEISE, Olaf | 1959 | BSV Zieverich 78 e.V. | 0:56:34.13 | 00:57:41 |
| 176 (1718) | GOEDDENHEINRICH, Lino | 1994 | | 0:57:02.01 | 00:57:47 |
| 177 (473) | MARX, Hubert | 1949 | LG RWE Power | 0:56:22.01 | 00:57:48 |
| 178 (105) | WURDA, Werner | 1960 | SC Fortuna Köln | 0:56:22.47 | 00:57:48 |
| 179 (303) | POHL, Maria | 1980 | | 0:56:23.22 | 00:57:49 |
| 180 (1643) | VONDÖHREN, Burkhard | 1956 | GVG-Laufteam | 0:57:41.96 | 00:57:49 |
| 181 (37) | FROHN, Michael | 1974 | | 0:57:01.45 | 00:57:51 |
| 182 (1610) | DONAT, Michael | 1965 | GVG-Laufteam | 0:57:45.87 | 00:57:53 |
| 183 (16) | VORNWEG, Juergen | 1971 | | 0:58:01.76 | 00:58:12 |
| 184 (444) | FASOLI, Mathias | 2006 | Borussia Hohenlind | 0:57:30.06 | 00:58:17 |
| 185 (441) | BECKER, Marc | 2006 | Borussia Hohenlind | 0:57:32.91 | 00:58:20 |
| 186 (9) | MINDT, Yvonne | 1980 | | 0:57:51.71 | 00:58:21 |
| 187 (1730) | KAUMANN, Friedrich | 1961 | SpVgg Kirch-Grottenherten | 0:58:15.44 | 00:58:26 |
| 188 (1731) | KAUMANN, Helga | 1964 | Move Bedburg | 0:58:15.55 | 00:58:26 |
| 189 (1622) | HAJEK, Verena | 1952 | GVG-Laufteam | 0:58:17.43 | 00:58:27 |
| 190 (1687) | NASHAN, Sandra | 1975 | | 0:57:46.39 | 00:58:28 |
| 191 (613) | SCHRÖCK, Claudia | 1977 | LC Euskirchen | 0:57:49.13 | 00:58:28 |
| 192 (1727) | SCHMITZ, Alexander | 2006 | LC Weilerswist | 0:58:02.35 | 00:58:31 |
| 193 (670) | NEUNZIG, Kai | 1972 | Kita Sonnenblume - Glessen | 0:58:26.66 | 00:58:34 |
| 194 (447) | HELFRICH, Luca | 2006 | Borussia Hohenlind | 0:57:48.72 | 00:58:35 |
| 195 (459) | BREUCH, Karl-Heinz | 1962 | | 0:57:40.61 | 00:58:40 |
| 196 (584) | BRANDENBURG, Manfred | 1964 | | 0:58:41.43 | 00:58:48 |
| 197 (140) | GRABKA, Jürgen | 1964 | | 0:58:07.28 | 00:58:56 |
| 198 (141) | BREUER-FEDERWISCH, Gudrun | 1969 | time2move | 0:58:24.46 | 00:59:13 |
| 199 (345) | REUSCH, Laura | 1999 | HSV Troisdorf | 0:58:58.71 | 00:59:18 |
| 200 (309) | LEPPIN, Tanja | 1983 | Justfit Frechen | 0:58:40.55 | 00:59:18 |
| 201 (340) | FRICKE, Katja | 1979 | HSV Troisdorf | 0:59:00.41 | 00:59:19 |
| 202 (355) | YASAR, Özgün | 1987 | HSV Troisdorf | 0:59:01.60 | 00:59:20 |
| 203 (244) | PÜTZ, Almut | 1979 | Marien Apotheke | 0:59:09.72 | 00:59:55 |
| 204 (1693) | CORICA, Pasquale | 1974 | | 0:59:12.05 | 00:59:55 |
| 205 (635) | FAUST, Daniela | 1986 | | 0:59:30.14 | 01:00:00 |
| 206 (1674) | HÖTGEN, Caro | 1989 | TriCologne | 0:59:38.17 | 01:00:02 |
| 207 (1716) | WOLF, Petra | 1965 | ERGO sports Köln | 0:59:30.50 | 01:00:08 |
| 208 (612) | BLOMENKAMP, Olaf | 1982 | | 0:59:14.74 | 01:00:21 |
| 209 (327) | SESSNER, Kirsten | 1973 | Zitronenhühner | 0:59:48.95 | 01:00:30 |
| 210 (258) | HECKER, Klaus | 1966 | Marien Apotheke | 0:59:49.22 | 01:00:33 |



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| RG (STNR) | NAME, VORNAME | JG | VEREIN / (WOHNORT) | NETTO | ZEIT |
|------------|------------------------------|------|----------------------------|------------|-----------------|
| 211 (254) | WEIGL, Alex | 1965 | Marien Apotheke | 0:59:49.62 | 01:00:33 |
| 212 (1627) | KOHLGRAF, Linda | 1977 | GVG-Laufteam | 0:59:27.74 | 01:00:37 |
| 213 (100) | WIRTZ, Monja | 1989 | | 0:59:25.03 | 01:00:41 |
| 214 (700) | BÜRGER, Volker | 2017 | Go Do Sports | 0:59:38.93 | 01:00:43 |
| 215 (699) | SPOHR, Claudia | 1971 | GO DO Sports | 0:59:38.44 | 01:00:43 |
| 216 (265) | ERKEN, Joerg | 1971 | | 0:59:41.21 | 01:00:45 |
| 217 (1680) | BLOMENKAMP, Hans-Joachim | 1962 | | 0:59:41.79 | 01:00:48 |
| 218 (12) | DEMIRCI, Yavuz | 1979 | | 1:00:27.55 | 01:00:53 |
| 219 (449) | MENGELS - KLEIN, Oliver | 1968 | Borussia Hohenlind | 1:00:03.80 | 01:00:53 |
| 220 (440) | MENGELS, Florian | 2006 | Borussia Hohenlind | 1:00:03.68 | 01:00:54 |
| 221 (443) | SCHNEIDER, Felix | 2006 | Borussia Hohenlind | 1:00:04.43 | 01:00:54 |
| 222 (1713) | BECKER, Heike | 1967 | SCB Horrem | 0:59:50.78 | 01:01:01 |
| 223 (547) | ADOLPHS, Horst | 1968 | Just Fit Bergheim | 1:00:38.85 | 01:01:05 |
| 224 (482) | BATMAZ, Kader | 1997 | | 1:01:02.44 | 01:01:05 |
| 225 (39) | FRANK, Cristiane | 1973 | | 0:59:54.38 | 01:01:09 |
| 226 (147) | SCHMITZ, Sandra | 1987 | TEAM MEDIO | 1:00:50.69 | 01:01:20 |
| 227 (239) | DUES, Heike | 1963 | Marien Apotheke | 1:00:35.44 | 01:01:21 |
| 228 (554) | BRÜSER, Lorenz | 1954 | Just Fit Bergheim | 1:00:20.88 | 01:01:39 |
| 229 (471) | LEONHARDT, Stephan | 1979 | | 1:01:19.45 | 01:01:49 |
| 230 (458) | LEONHARDT, Klaus | 1953 | AS Düren 12 | 1:01:19.61 | 01:01:49 |
| 231 (1660) | BURK, Lena | 1982 | | 1:01:15.38 | 01:01:49 |
| 232 (1715) | LEE, Fradun | 1984 | | 1:01:15.64 | 01:01:50 |
| 233 (499) | BRAUN, Dirk | 1971 | Frauenform | 1:00:55.04 | 01:01:50 |
| 234 (1646) | DOLFEN, Stefan | 1971 | GVG-Laufteam | 1:01:40.41 | 01:01:51 |
| 235 (260) | KONEN, Diane | 1972 | Terminator Mädels | 1:01:05.97 | 01:02:00 |
| 236 (1629) | KÖNIGS, Florian | 1983 | GVG-Laufteam | 1:01:57.81 | 01:02:11 |
| 237 (94) | JUSCHKA, Britta | 1969 | KREISSTADTLÄUFER | 1:01:58.50 | 01:02:13 |
| 238 (66) | DIEDERICHS, Wolfgang | 1975 | Tagesvater - Bedburg | 1:02:02.88 | 01:02:14 |
| 239 (1711) | ESSER, Silke | 1981 | LC Euskirchen | 1:01:34.73 | 01:02:15 |
| 240 (102) | GOEPEL, Volker | 1946 | | 1:01:28.91 | 01:02:27 |
| 241 (640) | NIEßEN, Dr. Gero | 1969 | | 1:01:19.57 | 01:02:28 |
| 242 (1653) | HACHMANN, Doris | 1964 | Family Run | 1:01:55.95 | 01:02:30 |
| 243 (353) | STRUß, Katharina | 1995 | HSV Troisdorf | 1:02:16.97 | 01:02:34 |
| 244 (1670) | KULLMANN, Agnes | 1965 | | 1:01:18.09 | 01:02:36 |
| 245 (517) | FÄRBER, Bernd | 1963 | | 1:01:29.46 | 01:02:38 |
| 246 (1639) | STROHHÄCKER, Günter | 1939 | GVG-Laufteam | 1:02:37.31 | 01:02:49 |
| 247 (690) | STROHHÄCKER, Carsten | 1971 | | 1:02:37.99 | 01:02:50 |
| 248 (656) | TOMA, Rene | 1965 | LC Jugend 07 Bergheim e.V. | 1:01:29.07 | 01:02:52 |
| 249 (1706) | DIETRICH, Felix | 2006 | | 1:02:25.06 | 01:03:05 |
| 250 (1707) | DIETRICH, Alexandra | 1975 | | 1:02:27.45 | 01:03:07 |
| 251 (123) | DE OLIVEIRA FERREIRA, Marcel | 1987 | Die Laufburschen | 1:02:31.05 | 01:03:09 |
| 252 (124) | ROTHLÄNDER, Markus | 1972 | Die Laufburschen | 1:02:32.43 | 01:03:11 |



2. GVG Abendlauf Bergheim

HAUPTLAUF (10 KM) OVERALL-RANKING

| RG (STNR) | NAME, VORNAME | JG | VEREIN / (WOHNORT) | NETTO | ZEIT |
|------------|-----------------------|------|----------------------------------|------------|-----------------|
| 253 (570) | GERTMANN, Jonah | 2002 | Just Fit Bergheim | 1:02:01.79 | 01:03:14 |
| 254 (179) | LANGENS, Michaela | 1972 | Kreissparkasse Köln | 1:02:49.41 | 01:03:23 |
| 255 (562) | ORLOWSKI, Denise | 1990 | Just Fit Bergheim | 1:02:08.95 | 01:03:31 |
| 256 (544) | SPRINGER, Thilo | 1983 | Just Fit Bergheim | 1:02:08.89 | 01:03:31 |
| 257 (675) | HARF-HENSEN, Simone | 1979 | Kita Sonnenblume - Glessen | 1:03:34.75 | 01:03:42 |
| 258 (93) | JUSCHKA, Tom | 1966 | KREISSTADTLÄUFER | 1:03:29.95 | 01:03:44 |
| 259 (1625) | KETELHUT, Daniela | 1976 | GVG-Laufteam | 1:03:48.65 | 01:04:00 |
| 260 (601) | MÖNNICH, Joy | 2004 | Praxis Bemelmanns | 1:03:23.78 | 01:04:00 |
| 261 (358) | STEINERT, Michaela | 1962 | HSV Troisdorf | 1:03:38.15 | 01:04:01 |
| 262 (352) | STEINERT, Alina | 1993 | HSV Troisdorf | 1:03:42.36 | 01:04:01 |
| 263 (624) | DEBUS, Paul | 2006 | FC Bergheim 2000 D2 | 1:03:07.09 | 01:04:04 |
| 264 (677) | MAYR, Adelheid | 1971 | Kita Sonnenblume - Glessen | 1:03:57.11 | 01:04:04 |
| 265 (488) | KÖHLER, Michael | 1995 | VitaminSport | 1:03:19.01 | 01:04:22 |
| 266 (489) | TILLACK, Jenifer | 1995 | VitaminSport | 1:03:19.93 | 01:04:23 |
| 267 (88) | BIANCHI, Biagio | 1987 | | 1:03:10.51 | 01:04:27 |
| 268 (525) | MELZER, Andy | 1977 | | 1:04:11.70 | 01:04:31 |
| 269 (526) | HAAG, Sabine | 1982 | | 1:04:12.11 | 01:04:31 |
| 270 (33) | MARINO, Giannino | 1977 | | 1:03:50.21 | 01:04:35 |
| 271 (299) | CIZMOWSKI, Maren | 1983 | | 1:03:43.19 | 01:04:45 |
| 272 (350) | SEHER, Hannah | 1996 | HSV Troisdorf | 1:04:26.15 | 01:04:46 |
| 273 (563) | PYTA, Marvin | 1987 | Just Fit Bergheim | 1:03:36.23 | 01:04:55 |
| 274 (237) | BURGHARDT, Marcel | 1973 | Marien Apotheke | 1:04:11.24 | 01:04:59 |
| 275 (238) | MÖCKER, Uwe | 1962 | Marien Apotheke | 1:04:16.65 | 01:04:59 |
| 276 (637) | RODDER, Julia | 1980 | | 1:04:46.17 | 01:05:13 |
| 277 (378) | SCHUMACHER, Sascha | 1980 | | 1:03:54.43 | 01:05:16 |
| 278 (590) | BREER, Georg | 1965 | | 1:04:37.05 | 01:05:27 |
| 279 (127) | LIPPELT, Judith | 1991 | run for fun | 1:04:26.43 | 01:05:34 |
| 280 (126) | LIPPELT, Irmgard | 1959 | run for fun | 1:04:29.98 | 01:05:38 |
| 281 (639) | RÖSSLER, Jan Erik | 2004 | Praxis Bemelmanns | 1:05:04.22 | 01:05:40 |
| 282 (434) | CHEN, Mika | 2006 | Borussia Hohenlind | 1:04:56.34 | 01:05:46 |
| 283 (433) | BIEG, Kaspar | 2006 | Borussia Hohenlind | 1:05:03.81 | 01:05:46 |
| 284 (29) | STEINHEUSER, Nicolai | 1993 | | 1:04:54.37 | 01:05:47 |
| 285 (144) | GERLACH, Claudia | 1975 | | 1:05:10.47 | 01:05:56 |
| 286 (1656) | MIEßELER, Volker | 1966 | Kreisstadtläufer / Bürgermeister | 1:06:04.89 | 01:06:06 |
| 287 (1657) | DE BARK, Yvonne | 1972 | | 1:06:04.98 | 01:06:06 |
| 288 (490) | NEISCHE, Helga | 1967 | VitaminSport | 1:05:28.34 | 01:06:08 |
| 289 (43) | SCHWARZ, Yasmina | 1996 | | 1:05:30.32 | 01:06:09 |
| 290 (40) | FELDMANN, Janine | 1992 | | 1:05:30.26 | 01:06:09 |
| 291 (301) | GERLACH, Andrea | 1972 | | 1:05:26.03 | 01:06:11 |
| 292 (362) | NIEDERBREMER, Marijke | 2000 | HSV Troisdorf | 1:05:52.59 | 01:06:13 |
| 293 (360) | BACKESHOFF, Sarah | 2000 | HSV Troisdorf | 1:05:53.41 | 01:06:14 |
| 294 (1665) | SELVAKAJAH, Sonja | 1979 | | 1:05:51.72 | 01:06:14 |



2. GVG Abendlauf Bergheim

HAUPTLAUF (10 KM) OVERALL-RANKING

| RG (STNR) | NAME, VORNAME | JG | VEREIN / (WOHNORT) | NETTO | ZEIT |
|------------|-----------------------|------|----------------------------|------------|-----------------|
| 295 (518) | BRANDT, Jürgen | 1958 | Team Freiburg | 1:05:19.10 | 01:06:17 |
| 296 (367) | ZEHRER, Helen | 2000 | HSV Troisdorf | 1:05:56.86 | 01:06:18 |
| 297 (633) | GEHDE, Philipp | 2006 | FC Bergheim 2000 D 2 | 1:05:20.92 | 01:06:21 |
| 298 (1672) | RUSS, Steffen | 1973 | SRVGG Oberfort | 1:05:19.19 | 01:06:25 |
| 299 (343) | KRETSCHMER, Martina | 1990 | HSV Troisdorf | 1:06:06.07 | 01:06:26 |
| 300 (483) | JUNGGEBURTH, Petra | 1966 | VitaminSport | 1:05:32.98 | 01:06:34 |
| 301 (484) | KÖNEN, Martina | 1966 | VitaminSport | 1:05:32.98 | 01:06:34 |
| 302 (462) | BONRAD, Judith | 1975 | | 1:06:33.17 | 01:06:43 |
| 303 (357) | RAHN, Susanne | 1974 | HSV Troisdorf | 1:06:27.27 | 01:06:49 |
| 304 (356) | BACKESHOFF, Dagmar | 1965 | HSV Troisdorf | 1:06:27.28 | 01:06:49 |
| 305 (1714) | AUSTERMANN, Angela | 1971 | | 1:06:02.92 | 01:06:52 |
| 306 (486) | KÖHLER, Wolfgang | 1956 | VitaminSport | 1:06:10.51 | 01:07:13 |
| 307 (487) | KÖHLER, Christian | 1996 | VitaminSport | 1:06:11.09 | 01:07:15 |
| 308 (668) | NEUNZIG, Britta | 1978 | Kita Sonnenblume - Glessen | 1:07:12.04 | 01:07:19 |
| 309 (1679) | MACHEFER, Guy | 1948 | | 1:06:07.79 | 01:07:29 |
| 310 (372) | KORTHAUS, Alicia | 2004 | HSV Troisdorf | 1:07:18.28 | 01:07:36 |
| 311 (649) | SCHMITZ, Klaudia | 1972 | die 4 Schmitzens | 1:06:59.04 | 01:07:47 |
| 312 (651) | SCHMITZ, Felix | 2007 | die 4 Schmitzens | 1:07:00.07 | 01:07:47 |
| 313 (92) | LENZ, Daniel | 1981 | GW 26 | 1:06:56.21 | 01:07:54 |
| 314 (636) | SCHOENEN, Peter | 2009 | Rot weiß berrendorf | 1:07:05.40 | 01:07:56 |
| 315 (577) | EFFERTZ, Michael | 1981 | RW Berrendorf F1 | 1:07:04.25 | 01:07:57 |
| 316 (603) | POLOCZEK, Aniela | 1966 | | 1:07:42.58 | 01:07:58 |
| 317 (1734) | ASSENMACHER, Klaus | 1973 | Wellenläufer | 1:06:50.78 | 01:08:00 |
| 318 (380) | BUCHHOLZ, Nadine | 1979 | Wellenläufer | 1:06:51.82 | 01:08:01 |
| 319 (396) | SCHORN, Susanne | 1966 | | 1:06:45.92 | 01:08:01 |
| 320 (374) | STAUDT, Charlotte | 2004 | HSV Troisdorf | 1:07:45.59 | 01:08:02 |
| 321 (346) | RICHTER, Rebecca | 1991 | HSV Troisdorf | 1:07:42.67 | 01:08:02 |
| 322 (339) | STEINERT, Carina | 1991 | HSV Troisdorf | 1:07:44.41 | 01:08:02 |
| 323 (1608) | COFALLA, Daniela | 1978 | GVG-Laufteam | 1:08:04.03 | 01:08:16 |
| 324 (446) | SPITZ, Marc | 2006 | Borussia Hohenlind | 1:07:52.35 | 01:08:43 |
| 325 (171) | SCHWARZ, Jörg | 1969 | Polizei-SV Düsseldorf | 1:07:42.16 | 01:08:50 |
| 326 (400) | DUENSING, Johanne | 1978 | Astrid Lindgren Schule | 1:08:19.64 | 01:08:55 |
| 327 (439) | HARCHAOUI, Faysal | 2006 | Borussia Hohenlind | 1:08:33.69 | 01:09:18 |
| 328 (445) | TURHAN, Murat | 2006 | Borussia Hohenlind | 1:08:34.39 | 01:09:19 |
| 329 (436) | NZIMBA, Juelson | 2006 | Borussia Hohenlind | 1:08:37.40 | 01:09:24 |
| 330 (351) | STILLER, Britta | 1980 | HSV Troisdorf | 1:09:05.11 | 01:09:27 |
| 331 (347) | RÜMSCHÜSSEL, Dr. Ruth | 1981 | HSV Troisdorf | 1:09:05.27 | 01:09:27 |
| 332 (148) | KLEEFISCH, Yvonne | 1975 | TEAM MEDIO | 1:09:06.23 | 01:09:36 |
| 333 (491) | FALKNER, Helmut | 1960 | VitaminSport | 1:09:09.03 | 01:09:48 |
| 334 (320) | KRAUS, Monika | 1965 | | 1:09:28.31 | 01:10:14 |
| 335 (318) | UPSING, Ingrid | 1962 | | 1:09:29.11 | 01:10:15 |
| 336 (22) | KLOTH, Serjoscha | 1970 | Jany Runners | 1:09:13.38 | 01:10:17 |



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HAUPTLAUF (10 KM) OVERALL-RANKING

| RG (STNR) | NAME, VORNAME | JG | VEREIN / (WOHNORT) | NETTO | ZEIT |
|-------------------|---------------------|------|----------------------------|------------|-----------------|
| 337 (1661) | N.N., 1661 | 1901 | bitte bei Zeitnahme melden | 1:10:39.03 | 01:10:40 |
| 338 (500) | CHRIST, Oliver | 1998 | | 1:09:44.68 | 01:10:47 |
| 339 (246) | BURGHARDT, Sandra | 1973 | Marien Apotheke | 1:10:03.19 | 01:10:51 |
| 340 (249) | SPOHR, Sandra | 1972 | Marien Apotheke | 1:10:02.56 | 01:10:51 |
| 341 (628) | KINGS, Daniela | 1980 | FC Bergheim 2000 D2 | 1:09:49.18 | 01:10:52 |
| 342 (615) | KINGS, Simon | 1977 | FC Bergheim 2000 D2 | 1:09:52.58 | 01:10:52 |
| 343 (86) | KLEIN, Britta | 1978 | | 1:10:34.31 | 01:11:17 |
| 344 (568) | BURBACH, Bianca | 1995 | Just Fit Bergheim | 1:10:18.76 | 01:11:35 |
| 345 (564) | ORLOWSKI, Anja | 1968 | Just Fit Bergheim | 1:10:16.20 | 01:11:35 |
| 346 (476) | NIESSEN, Daniela | 1969 | Inges Erftschnucken | 1:10:38.54 | 01:11:46 |
| 347 (531) | JOOS, Lisa | 1976 | Team Medio | 1:12:00.82 | 01:12:26 |
| 348 (548) | HÖFS, Andrea | 1979 | Just Fit Bergheim | 1:11:20.63 | 01:12:30 |
| 349 (533) | YAVUZ, Emel | 1996 | Team Medio | 1:12:05.04 | 01:12:30 |
| 350 (1691) | KRÄMER, Simone | 1969 | | 1:11:20.35 | 01:12:34 |
| 351 (390) | GEHDE, Anne | 2003 | | 1:11:51.88 | 01:12:36 |
| 352 (344) | LUZAK, Lara | 2000 | HSV Troisdorf | 1:12:20.58 | 01:12:41 |
| 353 (106) | OLLIGSCHLÄGER, Jana | 1983 | | 1:11:33.09 | 01:12:48 |
| 354 (95) | SCHIFFER, Anke | 1969 | KREISSTADTLÄUFER | 1:12:04.71 | 01:12:59 |
| 355 (266) | PETERS, Thomas | 1978 | Carl-Sonnenschein-Schule | 1:11:39.63 | 01:13:00 |
| 356 (247) | BURGHARDT, Peter | 2004 | Marien Apotheke | 1:12:20.80 | 01:13:13 |
| 357 (619) | KERPEN, Tim | 2006 | FC Bergheim 2000 D2 | 1:12:11.40 | 01:13:14 |
| 358 (627) | KERPEN, Pia | 1977 | FC Bergheim 2000 D2 | 1:12:15.14 | 01:13:18 |
| 359 (253) | MIERSCH, Valentin | 2006 | Marien Apotheke | 1:12:39.37 | 01:13:31 |
| 360 (251) | GEHRMANN, Paul | 2005 | Marien Apotheke | 1:12:41.57 | 01:13:33 |
| 361 (1607) | BRUCH, Stefan | 1976 | GVG-Laufteam | 1:13:48.08 | 01:14:01 |
| 362 (631) | THOMAS, Vincent | 2006 | FC Bergheim 2000 D2 | 1:13:22.98 | 01:14:20 |
| 363 (1690) | KUNHARDT, Rasmus | 2007 | | 1:13:27.07 | 01:14:21 |
| 364 (589) | CLAUDIA, Thomas | 1972 | Praxis Bemelmanns | 1:13:25.05 | 01:14:22 |
| 365 (1689) | ORTMANN, Utz | 1972 | | 1:13:28.47 | 01:14:23 |
| 366 (626) | THOMAS, Michael | 1972 | FC Bergheim 2000 D2 | 1:13:25.21 | 01:14:24 |
| 367 (302) | PISCHEL, Heike | 1978 | | 1:14:11.98 | 01:14:44 |
| 368 (553) | STERMSEK, Britta | 1976 | Just Fit Bergheim | 1:13:47.13 | 01:14:59 |
| 369 (552) | GERTMANN, Michael | 1970 | Just Fit Bergheim | 1:13:46.55 | 01:14:59 |
| 370 (697) | KAMP, Bärbel | 1967 | | 1:14:01.97 | 01:15:09 |
| 371 (696) | LEONE, Nadia | 1980 | | 1:14:02.03 | 01:15:09 |
| 372 (475) | PITSCH, Inge | 1958 | Inges Erftschnucken | 1:14:24.06 | 01:15:31 |
| 373 (1681) | BENDEL, Janita | 1981 | | 1:14:24.06 | 01:15:31 |
| 374 (379) | STAHL, Daniela | 1986 | | 1:14:13.67 | 01:15:34 |
| 375 (523) | WESCHE, Sascha | 1987 | | 1:14:47.80 | 01:15:58 |
| 376 (97) | ERKELENZ, Patrick | 1985 | | 1:14:47.79 | 01:15:58 |
| 377 (583) | HOLLER, Marcus | 1987 | | 1:14:47.66 | 01:15:59 |
| 378 (4) | PRANG, Martina | 1968 | | 1:16:02.69 | 01:17:08 |



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HAUPTLAUF (10 KM) OVERALL-RANKING

| RG (STNR) | NAME, VORNAME | JG | VEREIN / (WOHNORT) | NETTO | ZEIT |
|------------------|------------------|------|--------------------|------------|-----------------|
| 379 (341) | HERING, Sophie | 1999 | HSV Troisdorf | 1:17:25.01 | 01:17:46 |
| 380 (557) | SPORN, Janina | 1998 | Just Fit Bergheim | 1:17:41.79 | 01:18:21 |
| 381 (366) | WOLKOW, Angelika | 2000 | HSV Troisdorf | 1:18:01.50 | 01:18:22 |
| 382 (359) | AKKUS, Feyza | 2000 | HSV Troisdorf | 1:18:02.06 | 01:18:22 |
| 383 (363) | PAGE, Katharina | 2001 | HSV Troisdorf | 1:18:02.31 | 01:18:22 |
| 384 (28) | MARTINI, Martina | 1975 | | 1:17:40.94 | 01:18:41 |
| 385 (2) | SCHLAß, Kerstin | 1970 | | 1:18:48.08 | 01:19:10 |
| 386 (312) | EßER, Simone | 1986 | | 1:29:40.81 | 01:30:37 |



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HAUPTLAUF (10 KM) WERTUNG NACH GESCHLECHT

| RG (STNR) | RG AK | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|------------------|-----------|-------------------------|------|----------------------------|-----------------|
| WEIBLICH | | | | | |
| 1 (1688) | 1. W40 | LINDER, Melanie | 1975 | Art Duesseldorf | 00:39:11 |
| 2 (1703) | 1. WJ U20 | SCHMITZ, Sarah | 1998 | ASV Köln | 00:41:47 |
| 3 (1724) | 1. W45 | SCHWANKE, Martina | 1970 | LG Donatus Erftstadt | 00:42:03 |
| 4 (394) | 1. W30 | BÜRGER, Marita | 1984 | DJK Kleinenbroich | 00:44:34 |
| 5 (1728) | 1. W35 | LOBEN, Caro | 1981 | Laufen gegen Leiden | 00:46:19 |
| 6 (385) | 1. W50 | PRESCHA, Kristiane | 1967 | TriCologne | 00:46:22 |
| 7 (667) | 1. W | SCHMITZ, Katrin | 1993 | Laufclub Weilerswist | 00:47:33 |
| 8 (1658) | 1. WJ U16 | SCHÄFER, Sophie | 2002 | LAV Habbelrat / Grefrath | 00:47:43 |
| 9 (1647) | 2. W | GEIER, Sandra | 1990 | Ragas Dachdeckerei | 00:48:31 |
| 10 (322) | 2. W50 | DITTMER, Inge | 1965 | | 00:49:19 |
| 11 (111) | 3. W | ZSCHOCKE, Clara | 1990 | | 00:49:39 |
| 12 (177) | 2. W35 | KAATZ, Miriam | 1981 | Kreissparkasse Köln | 00:51:45 |
| 13 (1655) | 1. WJ U18 | HACHMANN, Anna | 2000 | Family Run | 00:52:03 |
| 14 (687) | 2. W40 | PERKHOF, Jutta | 1976 | Kita Sonnenblume - Glessen | 00:52:20 |
| 15 (688) | 3. W40 | MEVISSSEN, Andrea | 1973 | Kita Sonnenblume - Glessen | 00:52:20 |
| 16 (1678) | 2. W45 | MÜLLER-BADER, Sabine | 1970 | | 00:52:35 |
| 17 (1611) | 3. W45 | DONAT, Nicol | 1968 | GVG-Laufteam | 00:52:55 |
| 18 (1642) | 4. W45 | LEHMANN, Anke | 1971 | LV Stommeln | 00:53:06 |
| 19 (638) | 1. W55 | ESSER, Heidrun | 1960 | | 00:53:13 |
| 20 (190) | 4. W40 | ABTS, Anne | 1975 | Kreissparkasse Köln | 00:53:18 |
| 21 (1624) | 3. W35 | HAUSER, Dunja | 1979 | GVG-Laufteam | 00:53:34 |
| 22 (75) | 5. W40 | LIMBURG, Andrea | 1977 | | 00:53:58 |
| 23 (74) | 5. W45 | ZERVOS, Nicole | 1968 | | 00:54:00 |
| 24 (186) | 6. W40 | GEPPERT, Daniela | 1973 | Kreissparkasse Köln | 00:54:08 |
| 25 (585) | 4. W35 | OGAMBA, Simone | 1981 | Kein Verein | 00:54:18 |
| 26 (397) | 2. W30 | STECKENBORN, Nadine | 1987 | Astrid Lindgren Schule | 00:54:19 |
| 27 (38) | 7. W40 | FECK, Mona | 1975 | | 00:55:04 |
| 28 (61) | 6. W45 | BIANCO, Sabine | 1969 | Rhein Erft Runner | 00:55:23 |
| 29 (87) | 3. W30 | LUTAJ, Ewgenija | 1987 | | 00:55:36 |
| 30 (558) | 4. W30 | STOLZ, Manuela | 1986 | Just Fit Bergheim | 00:55:36 |
| 31 (65) | 7. W45 | JULIUS DE VALQUI, Nadja | 1971 | | 00:55:43 |
| 32 (686) | 1. WJ U14 | HEIL, Tabea | 2004 | Laufmonster | 00:56:10 |
| 33 (18) | 8. W45 | PACKMOHR, Kirsten | 1969 | Hobbyläufer | 00:56:30 |
| 34 (21) | 9. W45 | FLIRI, Elke | 1969 | KSK Köln | 00:56:41 |
| 35 (646) | 2. W55 | BUNGART, Monika Maria | 1959 | TV Huchem-Stammeln | 00:56:46 |
| 36 (162) | 2. WJ U14 | FUß, Christina | 2004 | TEAM MEDIO | 00:57:06 |
| 37 (109) | 5. W30 | EWERT, Heike | 1986 | | 00:57:08 |
| 38 (303) | 5. W35 | POHL, Maria | 1980 | | 00:57:49 |
| 39 (9) | 6. W35 | MINDT, Yvonne | 1980 | | 00:58:21 |
| 40 (1731) | 3. W50 | KAUMANNNS, Helga | 1964 | Move Bedburg | 00:58:26 |
| 41 (1622) | 1. W65 | HAJEK, Verena | 1952 | GVG-Laufteam | 00:58:27 |
| 42 (1687) | 8. W40 | NASHAN, Sandra | 1975 | | 00:58:28 |
| 43 (613) | 9. W40 | SCHRÖCK, Claudia | 1977 | LC Euskirchen | 00:58:28 |



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HAUPTLAUF (10 KM) WERTUNG NACH GESCHLECHT

| RG (STNR) | RG AK | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|------------------|-----------|---------------------------|------|----------------------------|-----------------|
| WEIBLICH | | | | | |
| 44 (141) | 10. W45 | BREUER-FEDERWISCH, Gudrun | 1969 | time2move | 00:59:13 |
| 45 (345) | 2. WJ U20 | REUSCH, Laura | 1999 | HSV Troisdorf | 00:59:18 |
| 46 (309) | 6. W30 | LEPPIN, Tanja | 1983 | Justfit Frechen | 00:59:18 |
| 47 (340) | 7. W35 | FRICKE, Katja | 1979 | HSV Troisdorf | 00:59:19 |
| 48 (355) | 7. W30 | YASAR, Özgün | 1987 | HSV Troisdorf | 00:59:20 |
| 49 (244) | 8. W35 | PÜTZ, Almut | 1979 | Marien Apotheke | 00:59:55 |
| 50 (635) | 8. W30 | FAUST, Daniela | 1986 | | 01:00:00 |
| 51 (1674) | 4. W | HÖTGEN, Caro | 1989 | TriCologne | 01:00:02 |
| 52 (1716) | 4. W50 | WOLF, Petra | 1965 | ERGO sports Köln | 01:00:08 |
| 53 (327) | 10. W40 | SESSNER, Kirsten | 1973 | Zitronenhühner | 01:00:30 |
| 54 (1627) | 11. W40 | KOHLGRAF, Linda | 1977 | GVG-Laufteam | 01:00:37 |
| 55 (100) | 5. W | WIRTZ, Monja | 1989 | | 01:00:41 |
| 56 (699) | 11. W45 | SPOHR, Claudia | 1971 | GO DO Sports | 01:00:43 |
| 57 (1713) | 5. W50 | BECKER, Heike | 1967 | SCB Horrem | 01:01:01 |
| 58 (482) | 1. W U23 | BATMAZ, Kader | 1997 | | 01:01:05 |
| 59 (39) | 12. W40 | FRANK, Cristiane | 1973 | | 01:01:09 |
| 60 (147) | 9. W30 | SCHMITZ, Sandra | 1987 | TEAM MEDIO | 01:01:20 |
| 61 (239) | 6. W50 | DUES, Heike | 1963 | Marien Apotheke | 01:01:21 |
| 62 (1660) | 9. W35 | BURK, Lena | 1982 | | 01:01:49 |
| 63 (260) | 12. W45 | KONEN, Diane | 1972 | Terminator Mädels | 01:02:00 |
| 64 (94) | 13. W45 | JUSCHKA, Britta | 1969 | KREISSTADTLÄUFER | 01:02:13 |
| 65 (1711) | 10. W35 | ESSER, Silke | 1981 | LC Euskirchen | 01:02:15 |
| 66 (1653) | 7. W50 | HACHMANN, Doris | 1964 | Family Run | 01:02:30 |
| 67 (353) | 2. W U23 | STRUß, Katharina | 1995 | HSV Troisdorf | 01:02:34 |
| 68 (1670) | 8. W50 | KULLMANN, Agnes | 1965 | | 01:02:36 |
| 69 (1707) | 13. W40 | DIETRICH, Alexandra | 1975 | | 01:03:07 |
| 70 (179) | 14. W45 | LANGENS, Michaela | 1972 | Kreissparkasse Köln | 01:03:23 |
| 71 (675) | 11. W35 | HARF-HENSEN, Simone | 1979 | Kita Sonnenblume - Glessen | 01:03:42 |
| 72 (1625) | 14. W40 | KETELHUT, Daniela | 1976 | GVG-Laufteam | 01:04:00 |
| 73 (601) | 3. WJ U14 | MÖNNICH, Joy | 2004 | Praxis Bemelmanns | 01:04:00 |
| 74 (358) | 3. W55 | STEINERT, Michaela | 1962 | HSV Troisdorf | 01:04:01 |
| 75 (352) | 6. W | STEINERT, Alina | 1993 | HSV Troisdorf | 01:04:01 |
| 76 (677) | 15. W45 | MAYR, Adelheid | 1971 | Kita Sonnenblume - Glessen | 01:04:04 |
| 77 (489) | 3. W U23 | TILLACK, Jenifer | 1995 | VitaminSport | 01:04:23 |
| 78 (526) | 12. W35 | HAAG, Sabine | 1982 | | 01:04:31 |
| 79 (299) | 10. W30 | CIZMOWSKI, Maren | 1983 | | 01:04:45 |
| 80 (350) | 4. W U23 | SEHER, Hannah | 1996 | HSV Troisdorf | 01:04:46 |
| 81 (637) | 13. W35 | RODDER, Julia | 1980 | | 01:05:13 |
| 82 (590) | 9. W50 | BREER, Georg | 1965 | | 01:05:27 |
| 83 (127) | 7. W | LIPPELT, Judith | 1991 | run for fun | 01:05:34 |
| 84 (126) | 4. W55 | LIPPELT, Irmgard | 1959 | run for fun | 01:05:38 |
| 85 (144) | 15. W40 | GERLACH, Claudia | 1975 | | 01:05:56 |
| 86 (1657) | 16. W45 | DE BARK, Yvonne | 1972 | | 01:06:06 |



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| RG (STNR) | RG AK | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|-------------------|-----------|-----------------------|------|----------------------------|-----------------|
| WEIBLICH | | | | | |
| 87 (490) | 10. W50 | NEISCHE, Helga | 1967 | VitaminSport | 01:06:08 |
| 88 (43) | 5. W U23 | SCHWARZ, Yasmina | 1996 | | 01:06:09 |
| 89 (40) | 8. W | FELDMANN, Janine | 1992 | | 01:06:09 |
| 90 (301) | 17. W45 | GERLACH, Andrea | 1972 | | 01:06:11 |
| 91 (362) | 2. WJ U18 | NIEDERBREMER, Marijke | 2000 | HSV Troisdorf | 01:06:13 |
| 92 (360) | 3. WJ U18 | BACKESHOFF, Sarah | 2000 | HSV Troisdorf | 01:06:14 |
| 93 (1665) | 14. W35 | SELVAKAJAH, Sonja | 1979 | | 01:06:14 |
| 94 (367) | 4. WJ U18 | ZEHRER, Helen | 2000 | HSV Troisdorf | 01:06:18 |
| 95 (343) | 9. W | KRETSCHMER, Martina | 1990 | HSV Troisdorf | 01:06:26 |
| 96 (483) | 11. W50 | JUNGGEBURTH, Petra | 1966 | VitaminSport | 01:06:34 |
| 97 (484) | 12. W50 | KÖNEN, Martina | 1966 | VitaminSport | 01:06:34 |
| 98 (462) | 16. W40 | BONRAD, Judith | 1975 | | 01:06:43 |
| 99 (357) | 17. W40 | RAHN, Susanne | 1974 | HSV Troisdorf | 01:06:49 |
| 100 (356) | 13. W50 | BACKESHOFF, Dagmar | 1965 | HSV Troisdorf | 01:06:49 |
| 101 (1714) | 18. W45 | AUSTERMANN, Angela | 1971 | | 01:06:52 |
| 102 (668) | 15. W35 | NEUNZIG, Britta | 1978 | Kita Sonnenblume - Glessen | 01:07:19 |
| 103 (372) | 4. WJ U14 | KORTHAUS, Alicia | 2004 | HSV Troisdorf | 01:07:36 |
| 104 (649) | 19. W45 | SCHMITZ, Klaudia | 1972 | die 4 Schmitzens | 01:07:47 |
| 105 (603) | 14. W50 | POLOCZEK, Aniela | 1966 | | 01:07:58 |
| 106 (380) | 16. W35 | BUCHHOLZ, Nadine | 1979 | Wellenläufer | 01:08:01 |
| 107 (396) | 15. W50 | SCHORN, Susanne | 1966 | | 01:08:01 |
| 108 (374) | 5. WJ U14 | STAUDT, Charlotte | 2004 | HSV Troisdorf | 01:08:02 |
| 109 (346) | 10. W | RICHTER, Rebecca | 1991 | HSV Troisdorf | 01:08:02 |
| 110 (339) | 11. W | STEINERT, Carina | 1991 | HSV Troisdorf | 01:08:02 |
| 111 (1608) | 17. W35 | COFALLA, Daniela | 1978 | GVG-Laufteam | 01:08:16 |
| 112 (400) | 18. W35 | DUENSING, Johanne | 1978 | Astrid Lindgren Schule | 01:08:55 |
| 113 (351) | 19. W35 | STILLER, Britta | 1980 | HSV Troisdorf | 01:09:27 |
| 114 (347) | 20. W35 | RÜMSCHÜSSEL, Dr. Ruth | 1981 | HSV Troisdorf | 01:09:27 |
| 115 (148) | 18. W40 | KLEEFISCH, Yvonne | 1975 | TEAM MEDIO | 01:09:36 |
| 116 (320) | 16. W50 | KRAUS, Monika | 1965 | | 01:10:14 |
| 117 (318) | 5. W55 | UPSING, Ingrid | 1962 | | 01:10:15 |
| 118 (246) | 19. W40 | BURGHARDT, Sandra | 1973 | Marien Apotheke | 01:10:51 |
| 119 (249) | 20. W45 | SPOHR, Sandra | 1972 | Marien Apotheke | 01:10:51 |
| 120 (628) | 21. W35 | KINGS, Daniela | 1980 | FC Bergheim 2000 D2 | 01:10:52 |
| 121 (86) | 22. W35 | KLEIN, Britta | 1978 | | 01:11:17 |
| 122 (568) | 6. W U23 | BURBACH, Bianca | 1995 | Just Fit Bergheim | 01:11:35 |
| 123 (564) | 21. W45 | ORLOWSKI, Anja | 1968 | Just Fit Bergheim | 01:11:35 |
| 124 (476) | 22. W45 | NIESSEN, Daniela | 1969 | Inges Erftschnecken | 01:11:46 |
| 125 (531) | 20. W40 | JOOS, Lisa | 1976 | Team Medio | 01:12:26 |
| 126 (548) | 23. W35 | HÖFS, Andrea | 1979 | Just Fit Bergheim | 01:12:30 |
| 127 (533) | 7. W U23 | YAVUZ, Emel | 1996 | Team Medio | 01:12:30 |
| 128 (1691) | 23. W45 | KRÄMER, Simone | 1969 | | 01:12:34 |
| 129 (390) | 2. WJ U16 | GEHDE, Anne | 2003 | | 01:12:36 |



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HAUPTLAUF (10 KM) WERTUNG NACH GESCHLECHT

| RG (STNR) | RG AK | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|-------------------|-----------|---------------------|------|---------------------|-----------------|
| WEIBLICH | | | | | |
| 130 (344) | 5. WJ U18 | LUZAK, Lara | 2000 | HSV Troisdorf | 01:12:41 |
| 131 (106) | 11. W30 | OLLIGSCHLÄGER, Jana | 1983 | | 01:12:48 |
| 132 (95) | 24. W45 | SCHIFFER, Anke | 1969 | KREISSTADTLÄUFER | 01:12:59 |
| 133 (627) | 21. W40 | KERPEN, Pia | 1977 | FC Bergheim 2000 D2 | 01:13:18 |
| 134 (589) | 25. W45 | CLAUDIA, Thomas | 1972 | Praxis Bemelmanns | 01:14:22 |
| 135 (302) | 24. W35 | PISCHEL, Heike | 1978 | | 01:14:44 |
| 136 (553) | 22. W40 | STERMSEK, Britta | 1976 | Just Fit Bergheim | 01:14:59 |
| 137 (697) | 17. W50 | KAMP, Bärbel | 1967 | | 01:15:09 |
| 138 (696) | 25. W35 | LEONE, Nadia | 1980 | | 01:15:09 |
| 139 (475) | 6. W55 | PITSCH, Inge | 1958 | Inges Erftschnecken | 01:15:31 |
| 140 (1681) | 26. W35 | BENDEL, Janita | 1981 | | 01:15:31 |
| 141 (379) | 12. W30 | STAHL, Daniela | 1986 | | 01:15:34 |
| 142 (4) | 26. W45 | PRANG, Martina | 1968 | | 01:17:08 |
| 143 (341) | 3. WJ U20 | HERING, Sophie | 1999 | HSV Troisdorf | 01:17:46 |
| 144 (557) | 4. WJ U20 | SPORN, Janina | 1998 | Just Fit Bergheim | 01:18:21 |
| 145 (366) | 6. WJ U18 | WOLKOW, Angelika | 2000 | HSV Troisdorf | 01:18:22 |
| 146 (359) | 7. WJ U18 | AKKUS, Feyza | 2000 | HSV Troisdorf | 01:18:22 |
| 147 (363) | 8. WJ U18 | PAGE, Katharina | 2001 | HSV Troisdorf | 01:18:22 |
| 148 (28) | 23. W40 | MARTINI, Martina | 1975 | | 01:18:41 |
| 149 (2) | 27. W45 | SCHLAß, Kerstin | 1970 | | 01:19:10 |
| 150 (312) | 13. W30 | EßER, Simone | 1986 | | 01:30:37 |



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HAUPTLAUF (10 KM) WERTUNG NACH GESCHLECHT

| RG (STNR) | RG AK | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|------------------|-----------|-----------------------|------|---------------------------------|-----------------|
| MÄNNLICH | | | | | |
| 1 (605) | 1. M35 | JÜSTEN, Florian | 1980 | Bunert - Der Kölner Laufladen | 00:35:13 |
| 2 (323) | 1. M40 | NAUNDORF, Lars | 1975 | ASV Köln Triathlon | 00:35:20 |
| 3 (1722) | 2. M40 | TREMS, Torsten | 1977 | Central-Team.de | 00:36:09 |
| 4 (1725) | 1. M50 | VON KUK, Carsten | 1967 | LT DSHS Köln | 00:36:22 |
| 5 (1675) | 3. M40 | SCHÄFER, André | 1973 | SG Monheim | 00:37:16 |
| 6 (465) | 1. M30 | JOHNEN, Kenny | 1985 | LG RWE Power | 00:38:18 |
| 7 (178) | 2. M35 | KAATZ, Michael | 1982 | Kreissparkasse Köln | 00:38:49 |
| 8 (1697) | 1. M55 | RUHNKE, Robert | 1958 | LG RWE Power | 00:38:51 |
| 9 (1623) | 4. M40 | HAUSER, Michael | 1974 | GVG-Laufteam | 00:39:07 |
| 10 (34) | 1. M45 | POISCHEN, Thomas | 1970 | BSG RheinEnergie AG | 00:39:10 |
| 11 (82) | 3. M35 | ODENTHAL, Oliver | 1980 | Kegelverein Ruhige Kugel | 00:39:43 |
| 12 (456) | 1. M | WINTERS, Laurin | 1990 | ASV Köln | 00:39:44 |
| 13 (470) | 4. M35 | DANNENBERG, Nico | 1982 | ASG Elsdorf | 00:39:49 |
| 14 (1701) | 2. M50 | WENDLAND, Jörg | 1964 | | 00:39:50 |
| 15 (168) | 5. M40 | SIXTUS, Florian | 1973 | Run of Colours Promoteam | 00:39:56 |
| 16 (188) | 5. M35 | GRONEUER, Christoph | 1979 | Kreissparkasse Köln | 00:40:18 |
| 17 (1723) | 6. M35 | MEIßNER, Christian | 1981 | | 00:40:41 |
| 18 (1700) | 2. M30 | MATZERATH, Torsten | 1985 | TV Huchem-Stammeln | 00:41:33 |
| 19 (480) | 2. M | BRENTANO, Gerrit | 1992 | VfL Sindorf | 00:41:45 |
| 20 (1616) | 2. M45 | ERMERT, Dirk | 1970 | GVG-Laufteam | 00:42:53 |
| 21 (1733) | 3. M30 | BUTZEN, Andreas | 1986 | | 00:43:38 |
| 22 (1698) | 3. M50 | ECKERT, Klaus | 1963 | Rommerskirchen | 00:43:45 |
| 23 (1633) | 6. M40 | REINARTZ, Michael | 1977 | GVG-Laufteam | 00:43:55 |
| 24 (1637) | 7. M35 | SEKULLA, Martin | 1980 | GVG-Laufteam | 00:44:29 |
| 25 (393) | 8. M35 | GREISSEL, Christopher | 1980 | TVDÄ | 00:44:39 |
| 26 (1695) | 4. M30 | POPP, Daniel | 1985 | | 00:44:51 |
| 27 (60) | 7. M40 | RYGOL, Klaudius | 1975 | - | 00:45:01 |
| 28 (1699) | 9. M35 | VOIGT, Stefan | 1982 | LG RWE Power/ Rhein Erft Runner | 00:45:06 |
| 29 (535) | 1. MJ U20 | HASHIMI, Borhan | 1999 | Team Medio | 00:45:07 |
| 30 (377) | 10. M35 | SCHWEITZER, Thomas | 1980 | LG RWE Power | 00:45:35 |
| 31 (1649) | 8. M40 | BECKER, Lars | 1977 | LV Stommeln | 00:45:36 |
| 32 (1612) | 9. M40 | DREYLING, Robert | 1977 | GVG-Laufteam | 00:45:50 |
| 33 (694) | 5. M30 | KIM, Deokhwan | 1984 | | 00:46:04 |
| 34 (96) | 1. M60 | BURRE, Frank | 1957 | TSV Meerbusch | 00:46:13 |
| 35 (522) | 10. M40 | FÖRSTER, Dirk | 1973 | VCS Köln | 00:46:14 |
| 36 (174) | 6. M30 | NOWICKI, Patryk | 1985 | Kreissparkasse Köln | 00:46:15 |
| 37 (546) | 11. M35 | NORDEN, Dominik | 1982 | Just Fit Bergheim | 00:46:16 |
| 38 (682) | 4. M50 | MAMET, Michael | 1967 | ESV Horrem | 00:46:29 |
| 39 (466) | 11. M40 | WILDEN, Nick | 1975 | LG RWE Power | 00:46:38 |
| 40 (551) | 12. M35 | EL OMARI, Jawad | 1980 | Just Fit Bergheim | 00:46:40 |
| 41 (679) | 3. M | JESCHKE, Alexander | 1991 | | 00:46:54 |
| 42 (36) | 12. M40 | BRAMSEMANN, Urs | 1973 | | 00:46:59 |
| 43 (1710) | 13. M35 | FAUST, Thomas | 1982 | Marathon Club Eschweiler | 00:47:10 |



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HAUPTLAUF (10 KM) WERTUNG NACH GESCHLECHT

| RG (STNR) | RG AK | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|------------------|-----------|-----------------------|------|-------------------------------|-----------------|
| MÄNNLICH | | | | | |
| 44 (541) | 4. M | AKBARI, Adel | 1992 | Team Medio | 00:47:18 |
| 45 (103) | 5. M | LUX, Malte | 1988 | | 00:47:20 |
| 46 (1709) | 2. M60 | MÖBUS, Volkmar | 1953 | LT Skinny Bergheim 02 | 00:47:34 |
| 47 (573) | 3. M60 | SCHWABE, Bernd | 1956 | TuS Brauweiler | 00:47:51 |
| 48 (145) | 7. M30 | ODENIUS, Jacques | 1986 | Hardtseemafia Triathlon e. V. | 00:48:11 |
| 49 (387) | 5. M50 | KRICHEL, Wolfgang | 1964 | | 00:48:12 |
| 50 (693) | 1. M70 | PIERAU, Karl | 1947 | LC Jugend 07 Bergheim | 00:48:13 |
| 51 (128) | 6. M | CUAN, Eduardo | 1992 | run for fun | 00:48:14 |
| 52 (1719) | 2. M55 | PODZUS, Horst | 1961 | | 00:48:36 |
| 53 (513) | 14. M35 | HAUCK, Matthias | 1980 | FV 1918 Brühl | 00:48:57 |
| 54 (1613) | 3. M55 | EIDENS, Georg | 1961 | GVG-Laufteam | 00:49:20 |
| 55 (680) | 13. M40 | SCHULZ, Joachim | 1977 | Team Erdinger Alkoholfrei | 00:49:40 |
| 56 (72) | 7. M | RÖHRIG, Marcel | 1990 | | 00:49:59 |
| 57 (1635) | 4. M55 | ROSSO, Mario | 1960 | GVG-Laufteam | 00:50:00 |
| 58 (77) | 3. M45 | SOWADE, Uli | 1970 | Run of Colours Promoteam | 00:50:02 |
| 59 (565) | 6. M50 | ORLOWSKI, Dietmar | 1963 | Just Fit Bergheim | 00:50:05 |
| 60 (392) | 14. M40 | SCHWARZ, Dr. Holger | 1975 | | 00:50:08 |
| 61 (1644) | 7. M50 | WARDENBACH, Thomas | 1967 | GVG-Laufteam | 00:50:17 |
| 62 (689) | 8. M50 | MÖDDER, Wolfgang | 1965 | Marienapotheke | 00:50:19 |
| 63 (104) | 9. M50 | OTTO, MICHAEL | 1967 | | 00:50:19 |
| 64 (117) | 5. M55 | BETTNER, Bruno | 1959 | BSG Siemens | 00:50:21 |
| 65 (122) | 15. M35 | SCHARFENBERG, Stephan | 1978 | FC Straberg 1968 e.V. | 00:50:30 |
| 66 (645) | 4. M60 | KLEIN, Heinz-Georg | 1956 | TV Huchem-Stammeln | 00:50:31 |
| 67 (120) | 8. M30 | SIGMUND, Stefan | 1987 | | 00:50:32 |
| 68 (461) | 15. M40 | BONRAD, Peter | 1975 | | 00:50:42 |
| 69 (1604) | 16. M35 | BÖTTCHER, Dirk | 1979 | GVG-Laufteam | 00:50:51 |
| 70 (243) | 17. M35 | SCHEUER, Stefan | 1980 | Marien Apotheke | 00:51:05 |
| 71 (467) | 16. M40 | HYNEK, Marco | 1974 | | 00:51:06 |
| 72 (403) | 18. M35 | BLAZEJEWSKI, Martin | 1982 | Astrid Lindgren Schule | 00:51:12 |
| 73 (1614) | 19. M35 | EMMERICH, Marc | 1980 | GVG-Laufteam | 00:51:14 |
| 74 (98) | 8. M | KOCH, Pascal | 1991 | | 00:51:17 |
| 75 (431) | 9. M | KÜPPERS, Julius | 1991 | | 00:51:22 |
| 76 (1601) | 17. M40 | BECKER, Karsten | 1975 | | 00:51:33 |
| 77 (118) | 10. M50 | CZEKALLA, Claus | 1963 | | 00:51:41 |
| 78 (650) | 1. MJ U14 | SCHMITZ, Lukas | 2004 | die 4 Schmitzens | 00:52:02 |
| 79 (648) | 4. M45 | SCHMITZ, Stephan | 1972 | die 4 Schmitzens | 00:52:03 |
| 80 (1654) | 11. M50 | HACHMANN, Axel | 1967 | Family Run | 00:52:05 |
| 81 (1621) | 10. M | GOEBEL, Nils | 1993 | GVG-Laufteam | 00:52:05 |
| 82 (31) | 12. M50 | WITT, Guido | 1965 | LG RWE Power | 00:52:30 |
| 83 (1726) | 5. M60 | PITSCH, Achim | 1957 | LG Kreissparkasse Köln | 00:52:31 |
| 84 (678) | 5. M45 | MAYR, Roland | 1971 | Kita Sonnenblume - Glessen | 00:52:37 |
| 85 (315) | 13. M50 | BOLLIG, Klaus | 1964 | RWE POWER Schule zum Römertur | 00:52:41 |
| 86 (13) | 14. M50 | EBELER, Dr. Guido | 1964 | Erftrunners | 00:52:44 |



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HAUPTLAUF (10 KM) WERTUNG NACH GESCHLECHT

| RG (STNR) | RG AK | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|-------------------|-----------|-------------------------|------|-------------------------------|-----------------|
| MÄNNLICH | | | | | |
| 87 (391) | 20. M35 | GASCH, Carsten | 1979 | | 00:52:48 |
| 88 (1603) | 15. M50 | ABROMEIT, Werner | 1965 | GVG-Laufteam | 00:53:04 |
| 89 (160) | 18. M40 | VOSSE, Jörg | 1973 | TEAM MEDIO | 00:53:11 |
| 90 (149) | 9. M30 | NIEPHAUS, Florian | 1987 | TEAM MEDIO | 00:53:11 |
| 91 (1671) | 6. M45 | WÖLK, Stephan | 1971 | Acte Herren Bergheim 2000 | 00:53:13 |
| 92 (1645) | 16. M50 | WIERS, Andreas | 1967 | GVG-Laufteam | 00:53:18 |
| 93 (644) | 11. M | TITZE, Michael | 1989 | | 00:53:19 |
| 94 (512) | 7. M45 | ADOLPHS, Horst | 1968 | Bunert - Der Kölner Laufladen | 00:53:38 |
| 95 (1618) | 6. M55 | FIEDLER, Stefan | 1958 | GVG-Laufteam | 00:53:53 |
| 96 (1704) | 7. M55 | PALM, Berthold | 1959 | TuS Brauweiler | 00:54:02 |
| 97 (604) | 8. M55 | JOHNEN, Manfred | 1958 | LG RWE Power | 00:54:03 |
| 98 (135) | 8. M45 | SCHNEIDER, Jens | 1968 | | 00:54:09 |
| 99 (1673) | 21. M35 | KAISER, Marius | 1982 | Kanu-Klub-Bergheim | 00:54:11 |
| 100 (138) | 10. M30 | PLESSE, Peter | 1986 | | 00:54:20 |
| 101 (119) | 6. M60 | BRIEGER, Thomas | 1956 | 1. FC Spich | 00:54:22 |
| 102 (313) | 22. M35 | EßER, Udo | 1981 | | 00:54:27 |
| 103 (1631) | 23. M35 | LADENTHIN, Mario | 1978 | GVG-Laufteam | 00:54:29 |
| 104 (101) | 9. M45 | NORBURY, Mark | 1971 | | 00:54:38 |
| 105 (1) | 9. M55 | PRANG, Hans | 1961 | | 00:55:02 |
| 106 (146) | 10. M45 | HOLZPORZ, Dr. Stefan | 1970 | TEAM MEDIO | 00:55:13 |
| 107 (132) | 17. M50 | POHL, Michael | 1964 | | 00:55:22 |
| 108 (121) | 11. M30 | ROMMERSKIRCHEN, Bastian | 1986 | | 00:55:42 |
| 109 (1721) | 11. M45 | KRAMER, Thomas | 1971 | | 00:55:51 |
| 110 (187) | 1. M U23 | SICHTLING, Robin | 1995 | Kreissparkasse Köln | 00:55:52 |
| 111 (46) | 18. M50 | KURTH, Tom | 1967 | | 00:55:55 |
| 112 (381) | 12. M45 | OOSTHOEK, Luc | 1969 | | 00:55:58 |
| 113 (73) | 13. M45 | RÖHRIG, Jörg | 1970 | | 00:56:00 |
| 114 (306) | 12. M30 | BÜRGER, Dr. Robert | 1983 | | 00:56:01 |
| 115 (325) | 19. M50 | BLOCH, Dirk | 1967 | | 00:56:01 |
| 116 (324) | 20. M50 | BLOCH, Volker | 1966 | | 00:56:02 |
| 117 (150) | 21. M50 | PECHAN, Olaf | 1964 | TEAM MEDIO | 00:56:03 |
| 118 (1684) | 1. MJ U18 | DUES, Fritz | 2001 | LC 07 Bergheim Jugend | 00:56:10 |
| 119 (685) | 14. M45 | HEIL, Dietmar | 1968 | Laufmonster | 00:56:12 |
| 120 (125) | 15. M45 | SCHUBERT, Stefan | 1970 | Ski-Club Bovert | 00:56:12 |
| 121 (528) | 24. M35 | HAMACHER, Michael | 1981 | | 00:56:17 |
| 122 (608) | 13. M30 | HAMACHER, Ralf | 1983 | | 00:56:17 |
| 123 (305) | 16. M45 | KRONENBERG, Torsten | 1969 | | 00:56:19 |
| 124 (10) | 22. M50 | SCHULZ, Frank | 1963 | | 00:56:41 |
| 125 (1648) | 19. M40 | KOHLGRAF, Christian | 1974 | Stadtwerke Bergheim | 00:56:48 |
| 126 (68) | 17. M45 | NIX, Markus | 1969 | | 00:56:49 |
| 127 (1692) | 20. M40 | ESSER, Martin | 1975 | | 00:57:02 |
| 128 (161) | 18. M45 | FUß, Oliver | 1971 | TEAM MEDIO | 00:57:06 |
| 129 (175) | 19. M45 | WALLSTAB, Frank | 1970 | Kreissparkasse Köln | 00:57:07 |



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HAUPTLAUF (10 KM) WERTUNG NACH GESCHLECHT

| RG (STNR) | RG AK | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|-----------------|--------|---------------|--------------------------|---------------------------------|-----------------|
| MÄNNLICH | | | | | |
| 130 | (79) | 21. M40 | PANKE, Marc | 1974 | 00:57:08 |
| 131 | (49) | 20. M45 | SCHARENBERG, Jan | 1971 | 00:57:08 |
| 132 | (110) | 14. M30 | EWERT, Roman | 1987 | 00:57:08 |
| 133 | (481) | 15. M30 | GAWRONSKI, Stefan | 1983 | 00:57:09 |
| 134 | (692) | 2. MJ U14 | STROHHÄCKER, Kenan | 2004 ASV Köln | 00:57:17 |
| 135 | (691) | 22. M40 | STROHHÄCKER, Jörg | 1975 | 00:57:18 |
| 136 | (540) | 2. MJ U20 | TAJICK, Elias | 1999 Team Medio | 00:57:23 |
| 137 | (609) | 23. M50 | PFORDT, Alexander | 1965 BKZ | 00:57:28 |
| 138 | (35) | 10. M55 | HEISE, Olaf | 1959 BSV Zieverich 78 e.V. | 00:57:41 |
| 139 | (1718) | 12. M | GOEDDENHEINRICH, Lino | 1994 | 00:57:47 |
| 140 | (473) | 1. M65 | MARX, Hubert | 1949 LG RWE Power | 00:57:48 |
| 141 | (105) | 11. M55 | WURDA, Werner | 1960 SC Fortuna Köln | 00:57:48 |
| 142 | (1643) | 7. M60 | VONDÖHREN, Burkhard | 1956 GVG-Laufteam | 00:57:49 |
| 143 | (37) | 23. M40 | FROHN, Michael | 1974 | 00:57:51 |
| 144 | (1610) | 24. M50 | DONAT, Michael | 1965 GVG-Laufteam | 00:57:53 |
| 145 | (16) | 21. M45 | VORNWEG, Juergen | 1971 | 00:58:12 |
| 146 | (444) | 1. MK U12 | FASOLI, Mathias | 2006 Borussia Hohenlind | 00:58:17 |
| 147 | (441) | 2. MK U12 | BECKER, Marc | 2006 Borussia Hohenlind | 00:58:20 |
| 148 | (1730) | 12. M55 | KAUMANN, Friedrich | 1961 SpVgg Kirch-Grottenherten | 00:58:26 |
| 149 | (1727) | 3. MK U12 | SCHMITZ, Alexander | 2006 LC Weilerswist | 00:58:31 |
| 150 | (670) | 22. M45 | NEUNZIG, Kai | 1972 Kita Sonnenblume - Glessen | 00:58:34 |
| 151 | (447) | 4. MK U12 | HELFRICH, Luca | 2006 Borussia Hohenlind | 00:58:35 |
| 152 | (459) | 13. M55 | BREUCH, Karl-Heinz | 1962 | 00:58:40 |
| 153 | (584) | 25. M50 | BRANDENBURG, Manfred | 1964 | 00:58:48 |
| 154 | (140) | 26. M50 | GRABKA, Jürgen | 1964 | 00:58:56 |
| 155 | (1693) | 24. M40 | CORICA, Pasquale | 1974 | 00:59:55 |
| 156 | (612) | 25. M35 | BLOMENKAMP, Olaf | 1982 | 01:00:21 |
| 157 | (258) | 27. M50 | HECKER, Klaus | 1966 Marien Apotheke | 01:00:33 |
| 158 | (254) | 28. M50 | WEIGL, Alex | 1965 Marien Apotheke | 01:00:33 |
| 159 | (700) | 1. MK U8 | BÜRGER, Volker | 2017 Go Do Sports | 01:00:43 |
| 160 | (265) | 23. M45 | ERKEN, Joerg | 1971 | 01:00:45 |
| 161 | (1680) | 14. M55 | BLOMENKAMP, Hans-Joachim | 1962 | 01:00:48 |
| 162 | (12) | 26. M35 | DEMIRCI, Yavuz | 1979 | 01:00:53 |
| 163 | (449) | 24. M45 | MENGELS - KLEIN, Oliver | 1968 Borussia Hohenlind | 01:00:53 |
| 164 | (440) | 5. MK U12 | MENGELS, Florian | 2006 Borussia Hohenlind | 01:00:54 |
| 165 | (443) | 6. MK U12 | SCHNEIDER, Felix | 2006 Borussia Hohenlind | 01:00:54 |
| 166 | (547) | 25. M45 | ADOLPHS, Horst | 1968 Just Fit Bergheim | 01:01:05 |
| 167 | (554) | 8. M60 | BRÜSER, Lorenz | 1954 Just Fit Bergheim | 01:01:39 |
| 168 | (471) | 27. M35 | LEONHARDT, Stephan | 1979 | 01:01:49 |
| 169 | (458) | 9. M60 | LEONHARDT, Klaus | 1953 AS Düren 12 | 01:01:49 |
| 170 | (1715) | 16. M30 | LEE, Fradun | 1984 | 01:01:50 |
| 171 | (499) | 26. M45 | BRAUN, Dirk | 1971 Frauenform | 01:01:50 |
| 172 | (1646) | 27. M45 | DOLFEN, Stefan | 1971 GVG-Laufteam | 01:01:51 |



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HAUPTLAUF (10 KM) WERTUNG NACH GESCHLECHT

| RG (STNR) | RG AK | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|-------------------|------------|------------------------------|------|----------------------------------|-----------------|
| MÄNNLICH | | | | | |
| 173 (1629) | 17. M30 | KÖNIGS, Florian | 1983 | GVG-Laufteam | 01:02:11 |
| 174 (66) | 25. M40 | DIEDERICHS, Wolfgang | 1975 | Tagesvater - Bedburg | 01:02:14 |
| 175 (102) | 2. M70 | GOEPEL, Volker | 1946 | | 01:02:27 |
| 176 (640) | 28. M45 | NIEßEN, Dr. Gero | 1969 | | 01:02:28 |
| 177 (517) | 29. M50 | FÄRBER, Bernd | 1963 | | 01:02:38 |
| 178 (1639) | 1. M75 | STROHHÄCKER, Günter | 1939 | GVG-Laufteam | 01:02:49 |
| 179 (690) | 29. M45 | STROHHÄCKER, Carsten | 1971 | | 01:02:50 |
| 180 (656) | 30. M50 | TOMA, Rene | 1965 | LC Jugend 07 Bergheim e.V. | 01:02:52 |
| 181 (1706) | 7. MK U12 | DIETRICH, Felix | 2006 | | 01:03:05 |
| 182 (123) | 18. M30 | DE OLIVEIRA FERREIRA, Marcel | 1987 | Die Laufburschen | 01:03:09 |
| 183 (124) | 30. M45 | ROTHLÄNDER, Markus | 1972 | Die Laufburschen | 01:03:11 |
| 184 (570) | 1. MJ U16 | GERTMANN, Jonah | 2002 | Just Fit Bergheim | 01:03:14 |
| 185 (562) | 13. M | ORLOWSKI, Denise | 1990 | Just Fit Bergheim | 01:03:31 |
| 186 (544) | 19. M30 | SPRINGER, Thilo | 1983 | Just Fit Bergheim | 01:03:31 |
| 187 (93) | 31. M50 | JUSCHKA, Tom | 1966 | KREISSTADTLÄUFER | 01:03:44 |
| 188 (624) | 8. MK U12 | DEBUS, Paul | 2006 | FC Bergheim 2000 D2 | 01:04:04 |
| 189 (488) | 2. M U23 | KÖHLER, Michael | 1995 | VitaminSport | 01:04:22 |
| 190 (88) | 20. M30 | BIANCHI, Biagio | 1987 | | 01:04:27 |
| 191 (525) | 26. M40 | MELZER, Andy | 1977 | | 01:04:31 |
| 192 (33) | 27. M40 | MARINO, Giannino | 1977 | | 01:04:35 |
| 193 (563) | 21. M30 | PYTA, Marvin | 1987 | Just Fit Bergheim | 01:04:55 |
| 194 (237) | 28. M40 | BURGHARDT, Marcel | 1973 | Marien Apotheke | 01:04:59 |
| 195 (238) | 15. M55 | MÖCKER, Uwe | 1962 | Marien Apotheke | 01:04:59 |
| 196 (378) | 28. M35 | SCHUMACHER, Sascha | 1980 | | 01:05:16 |
| 197 (639) | 3. MJ U14 | RÖSSLER, Jan Erik | 2004 | Praxis Bemelmans | 01:05:40 |
| 198 (434) | 9. MK U12 | CHEN, Mika | 2006 | Borussia Hohenlind | 01:05:46 |
| 199 (433) | 10. MK U12 | BIEG, Kaspar | 2006 | Borussia Hohenlind | 01:05:46 |
| 200 (29) | 14. M | STEINHEUSER, Nicolai | 1993 | | 01:05:47 |
| 201 (1656) | 32. M50 | MIEßELER, Volker | 1966 | Kreisstadtläufer / Bürgermeister | 01:06:06 |
| 202 (518) | 16. M55 | BRANDT, Jürgen | 1958 | Team Freiburg | 01:06:17 |
| 203 (633) | 11. MK U12 | GEHDE, Philipp | 2006 | FC Bergheim 2000 D 2 | 01:06:21 |
| 204 (1672) | 29. M40 | RUSS, Steffen | 1973 | SRVGG Oberfort | 01:06:25 |
| 205 (486) | 10. M60 | KÖHLER, Wolfgang | 1956 | VitaminSport | 01:07:13 |
| 206 (487) | 3. M U23 | KÖHLER, Christian | 1996 | VitaminSport | 01:07:15 |
| 207 (1679) | 2. M65 | MACHEFER, Guy | 1948 | | 01:07:29 |
| 208 (651) | 12. MK U12 | SCHMITZ, Felix | 2007 | die 4 Schmitzens | 01:07:47 |
| 209 (92) | 29. M35 | LENZ, Daniel | 1981 | GW 26 | 01:07:54 |
| 210 (636) | 1. MK U10 | SCHOENEN, Peter | 2009 | Rot weiß berrendorf | 01:07:56 |
| 211 (577) | 30. M35 | EFFERTZ, Michael | 1981 | RW Berrendorf F1 | 01:07:57 |
| 212 (1734) | 30. M40 | ASSENMACHER, Klaus | 1973 | Wellenläufer | 01:08:00 |
| 213 (446) | 13. MK U12 | SPITZ, Marc | 2006 | Borussia Hohenlind | 01:08:43 |
| 214 (171) | 31. M45 | SCHWARZ, Jörg | 1969 | Polizei-SV Düsseldorf | 01:08:50 |
| 215 (439) | 14. MK U12 | HARCHAOUI, Faysal | 2006 | Borussia Hohenlind | 01:09:18 |



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HAUPTLAUF (10 KM) WERTUNG NACH GESCHLECHT

| RG (STNR) | RG AK | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|-------------------|------------|-------------------|------|----------------------------|-----------------|
| MÄNNLICH | | | | | |
| 216 (445) | 15. MK U12 | TURHAN, Murat | 2006 | Borussia Hohenlind | 01:09:19 |
| 217 (436) | 16. MK U12 | NZIMBA, Juelson | 2006 | Borussia Hohenlind | 01:09:24 |
| 218 (491) | 17. M55 | FALKNER, Helmut | 1960 | VitaminSport | 01:09:48 |
| 219 (22) | 32. M45 | KLOTH, Serjoscha | 1970 | Jany Runners | 01:10:17 |
| 220 (1661) | 1. M85 | N.N., 1661 | 1901 | bitte bei Zeitnahme melden | 01:10:40 |
| 221 (500) | 3. MJ U20 | CHRIST, Oliver | 1998 | | 01:10:47 |
| 222 (615) | 31. M40 | KINGS, Simon | 1977 | FC Bergheim 2000 D2 | 01:10:52 |
| 223 (266) | 31. M35 | PETERS, Thomas | 1978 | Carl-Sonnenschein-Schule | 01:13:00 |
| 224 (247) | 4. MJ U14 | BURGHARDT, Peter | 2004 | Marien Apotheke | 01:13:13 |
| 225 (619) | 17. MK U12 | KERPEN, Tim | 2006 | FC Bergheim 2000 D2 | 01:13:14 |
| 226 (253) | 18. MK U12 | MIERSCH, Valentin | 2006 | Marien Apotheke | 01:13:31 |
| 227 (251) | 5. MJ U14 | GEHRMANN, Paul | 2005 | Marien Apotheke | 01:13:33 |
| 228 (1607) | 32. M40 | BRUCH, Stefan | 1976 | GVG-Laufteam | 01:14:01 |
| 229 (631) | 19. MK U12 | THOMAS, Vincent | 2006 | FC Bergheim 2000 D2 | 01:14:20 |
| 230 (1690) | 20. MK U12 | KUNHARDT, Rasmus | 2007 | | 01:14:21 |
| 231 (1689) | 33. M45 | ORTMANN, Utz | 1972 | | 01:14:23 |
| 232 (626) | 34. M45 | THOMAS, Michael | 1972 | FC Bergheim 2000 D2 | 01:14:24 |
| 233 (552) | 35. M45 | GERTMANN, Michael | 1970 | Just Fit Bergheim | 01:14:59 |
| 234 (523) | 22. M30 | WESCHE, Sascha | 1987 | | 01:15:58 |
| 235 (97) | 23. M30 | ERKELENZ, Patrick | 1985 | | 01:15:58 |
| 236 (583) | 24. M30 | HOLLER, Marcus | 1987 | | 01:15:59 |



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HAUPTLAUF (10 KM) WERTUNG NACH ALTERSKLASSEN

| RG (STNR) | RG GES | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|---------------------|-------------|------------------------------|------|-------------------------------|----------|
| MÄNNER | | | | | |
| 1 (456) | 13. gesamt | WINTERS, Laurin | 1990 | ASV Köln | 00:39:44 |
| 2 (480) | 20. gesamt | BRENTANO, Gerrit | 1992 | VfL Sindorf | 00:41:45 |
| 3 (679) | 47. gesamt | JESCHKE, Alexander | 1991 | | 00:46:54 |
| 4 (541) | 50. gesamt | AKBARI, Adel | 1992 | Team Medio | 00:47:18 |
| 5 (103) | 51. gesamt | LUX, Malte | 1988 | | 00:47:20 |
| 6 (128) | 59. gesamt | CUAN, Eduardo | 1992 | run for fun | 00:48:14 |
| 7 (72) | 67. gesamt | RÖHRIG, Marcel | 1990 | | 00:49:59 |
| 8 (98) | 85. gesamt | KOCH, Pascal | 1991 | | 00:51:17 |
| 9 (431) | 86. gesamt | KÜPPERS, Julius | 1991 | | 00:51:22 |
| 10 (1621) | 94. gesamt | GOEBEL, Nils | 1993 | GVG-Laufteam | 00:52:05 |
| 11 (644) | 113. gesamt | TITZE, Michael | 1989 | | 00:53:19 |
| 12 (1718) | 176. gesamt | GOEDDENHEINRICH, Lino | 1994 | | 00:57:47 |
| 13 (562) | 255. gesamt | ORLOWSKI, Denise | 1990 | Just Fit Bergheim | 01:03:31 |
| 14 (29) | 284. gesamt | STEINHEUSER, Nicolai | 1993 | | 01:05:47 |
| JUNIOREN U23 | | | | | |
| 1 (187) | 141. gesamt | SICHTLING, Robin | 1995 | Kreissparkasse Köln | 00:55:52 |
| 2 (488) | 265. gesamt | KÖHLER, Michael | 1995 | VitaminSport | 01:04:22 |
| 3 (487) | 307. gesamt | KÖHLER, Christian | 1996 | VitaminSport | 01:07:15 |
| SENIOREN M30 | | | | | |
| 1 (465) | 6. gesamt | JOHNEN, Kenny | 1985 | LG RWE Power | 00:38:18 |
| 2 (1700) | 19. gesamt | MATZERATH, Torsten | 1985 | TV Huchem-Stammeln | 00:41:33 |
| 3 (1733) | 24. gesamt | BUTZEN, Andreas | 1986 | | 00:43:38 |
| 4 (1695) | 30. gesamt | POPP, Daniel | 1985 | | 00:44:51 |
| 5 (694) | 37. gesamt | KIM, Deokhwan | 1984 | | 00:46:04 |
| 6 (174) | 40. gesamt | NOWICKI, Patryk | 1985 | Kreissparkasse Köln | 00:46:15 |
| 7 (145) | 56. gesamt | ODENIUS, Jacques | 1986 | Hardtseemafia Triathlon e. V. | 00:48:11 |
| 8 (120) | 78. gesamt | SIGMUND, Stefan | 1987 | | 00:50:32 |
| 9 (149) | 108. gesamt | NIEPHAUS, Florian | 1987 | TEAM MEDIO | 00:53:11 |
| 10 (138) | 126. gesamt | PLESSE, Peter | 1986 | | 00:54:20 |
| 11 (121) | 138. gesamt | ROMMERSKIRCHEN, Bastian | 1986 | | 00:55:42 |
| 12 (306) | 145. gesamt | BÜRGER, Dr. Robert | 1983 | | 00:56:01 |
| 13 (608) | 154. gesamt | HAMACHER, Ralf | 1983 | | 00:56:17 |
| 14 (110) | 168. gesamt | EWERT, Roman | 1987 | | 00:57:08 |
| 15 (481) | 170. gesamt | GAWRONSKI, Stefan | 1983 | | 00:57:09 |
| 16 (1715) | 232. gesamt | LEE, Fradun | 1984 | | 01:01:50 |
| 17 (1629) | 236. gesamt | KÖNIGS, Florian | 1983 | GVG-Laufteam | 01:02:11 |
| 18 (123) | 251. gesamt | DE OLIVEIRA FERREIRA, Marcel | 1987 | Die Laufburschen | 01:03:09 |
| 19 (544) | 256. gesamt | SPRINGER, Thilo | 1983 | Just Fit Bergheim | 01:03:31 |
| 20 (88) | 267. gesamt | BIANCHI, Biagio | 1987 | | 01:04:27 |
| 21 (563) | 273. gesamt | PYTA, Marvin | 1987 | Just Fit Bergheim | 01:04:55 |
| 22 (523) | 375. gesamt | WESCHE, Sascha | 1987 | | 01:15:58 |



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HAUPTLAUF (10 KM) WERTUNG NACH ALTERSKLASSEN

| RG (STNR) | RG GES | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|---------------------|--------|---------------|-----------------------|--------------------------------------|----------|
| SENIOREN M30 | | | | | |
| 23 | (97) | 376. gesamt | ERKELENZ, Patrick | 1985 | 01:15:58 |
| 24 | (583) | 377. gesamt | HOLLER, Marcus | 1987 | 01:15:59 |
| SENIOREN M35 | | | | | |
| 1 | (605) | 1. gesamt | JÜSTEN, Florian | 1980 Bunert - Der Kölner Laufladen | 00:35:13 |
| 2 | (178) | 7. gesamt | KAATZ, Michael | 1982 Kreissparkasse Köln | 00:38:49 |
| 3 | (82) | 12. gesamt | ODENTHAL, Oliver | 1980 Kegelverein Ruhige Kugel | 00:39:43 |
| 4 | (470) | 14. gesamt | DANNENBERG, Nico | 1982 ASG Elsdorf | 00:39:49 |
| 5 | (188) | 17. gesamt | GRONEUER, Christoph | 1979 Kreissparkasse Köln | 00:40:18 |
| 6 | (1723) | 18. gesamt | MEIßNER, Christian | 1981 | 00:40:41 |
| 7 | (1637) | 27. gesamt | SEKULLA, Martin | 1980 GVG-Laufteam | 00:44:29 |
| 8 | (393) | 29. gesamt | GREISSL, Christopher | 1980 TVDÄ | 00:44:39 |
| 9 | (1699) | 32. gesamt | VOIGT, Stefan | 1982 LG RWE Power/ Rhein Erft Runner | 00:45:06 |
| 10 | (377) | 34. gesamt | SCHWEITZER, Thomas | 1980 LG RWE Power | 00:45:35 |
| 11 | (546) | 41. gesamt | NORDEN, Dominik | 1982 Just Fit Bergheim | 00:46:16 |
| 12 | (551) | 46. gesamt | EL OMARI, Jawad | 1980 Just Fit Bergheim | 00:46:40 |
| 13 | (1710) | 49. gesamt | FAUST, Thomas | 1982 Marathon Club Eschweiler | 00:47:10 |
| 14 | (513) | 62. gesamt | HAUCK, Matthias | 1980 FV 1918 Brühl | 00:48:57 |
| 15 | (122) | 76. gesamt | SCHARFENBERG, Stephan | 1978 FC Straberg 1968 e.V. | 00:50:30 |
| 16 | (1604) | 80. gesamt | BÖTTCHER, Dirk | 1979 GVG-Laufteam | 00:50:51 |
| 17 | (243) | 81. gesamt | SCHEUER, Stefan | 1980 Marien Apotheke | 00:51:05 |
| 18 | (403) | 83. gesamt | BLAZEJEWSKI, Martin | 1982 Astrid Lindgren Schule | 00:51:12 |
| 19 | (1614) | 84. gesamt | EMMERICH, Marc | 1980 GVG-Laufteam | 00:51:14 |
| 20 | (391) | 103. gesamt | GASCH, Carsten | 1979 | 00:52:48 |
| 21 | (1673) | 123. gesamt | KAISER, Marius | 1982 Kanu-Klub-Bergheim | 00:54:11 |
| 22 | (313) | 128. gesamt | EßER, Udo | 1981 | 00:54:27 |
| 23 | (1631) | 129. gesamt | LADENTHIN, Mario | 1978 GVG-Laufteam | 00:54:29 |
| 24 | (528) | 153. gesamt | HAMACHER, Michael | 1981 | 00:56:17 |
| 25 | (612) | 208. gesamt | BLOMENKAMP, Olaf | 1982 | 01:00:21 |
| 26 | (12) | 218. gesamt | DEMIRCI, Yavuz | 1979 | 01:00:53 |
| 27 | (471) | 229. gesamt | LEONHARDT, Stephan | 1979 | 01:01:49 |
| 28 | (378) | 277. gesamt | SCHUMACHER, Sascha | 1980 | 01:05:16 |
| 29 | (92) | 313. gesamt | LENZ, Daniel | 1981 GW 26 | 01:07:54 |
| 30 | (577) | 315. gesamt | EFFERTZ, Michael | 1981 RW Berrendorf F1 | 01:07:57 |
| 31 | (266) | 355. gesamt | PETERS, Thomas | 1978 Carl-Sonnenschein-Schule | 01:13:00 |
| SENIOREN M40 | | | | | |
| 1 | (323) | 2. gesamt | NAUNDORF, Lars | 1975 ASV Köln Triathlon | 00:35:20 |
| 2 | (1722) | 3. gesamt | TREMS, Torsten | 1977 Central-Team.de | 00:36:09 |
| 3 | (1675) | 5. gesamt | SCHÄFER, André | 1973 SG Monheim | 00:37:16 |
| 4 | (1623) | 9. gesamt | HAUSER, Michael | 1974 GVG-Laufteam | 00:39:07 |
| 5 | (168) | 16. gesamt | SIXTUS, Florian | 1973 Run of Colours Promoteam | 00:39:56 |
| 6 | (1633) | 26. gesamt | REINARTZ, Michael | 1977 GVG-Laufteam | 00:43:55 |



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HAUPTLAUF (10 KM) WERTUNG NACH ALTERSKLASSEN

| RG (STNR) | RG GES | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|---------------------|--------|----------------------------------|------|-------------------------------|----------|
| SENIOREN M40 | | | | | |
| 7 | (60) | 31. gesamt RYGOL, Klaudius | 1975 | - | 00:45:01 |
| 8 | (1649) | 35. gesamt BECKER, Lars | 1977 | LV Stommel | 00:45:36 |
| 9 | (1612) | 36. gesamt DREYLING, Robert | 1977 | GVG-Laufteam | 00:45:50 |
| 10 | (522) | 39. gesamt FÖRSTER, Dirk | 1973 | VCS Köln | 00:46:14 |
| 11 | (466) | 45. gesamt WILDEN, Nick | 1975 | LG RWE Power | 00:46:38 |
| 12 | (36) | 48. gesamt BRAMSEMANN, Urs | 1973 | | 00:46:59 |
| 13 | (680) | 66. gesamt SCHULZ, Joachim | 1977 | Team Erdinger Alkoholfrei | 00:49:40 |
| 14 | (392) | 71. gesamt SCHWARZ, Dr. Holger | 1975 | | 00:50:08 |
| 15 | (461) | 79. gesamt BONRAD, Peter | 1975 | | 00:50:42 |
| 16 | (467) | 82. gesamt HYNEK, Marco | 1974 | | 00:51:06 |
| 17 | (1601) | 87. gesamt BECKER, Karsten | 1975 | | 00:51:33 |
| 18 | (160) | 107. gesamt VOSSE, Jörg | 1973 | TEAM MEDIO | 00:53:11 |
| 19 | (1648) | 160. gesamt KOHLGRAF, Christian | 1974 | Stadtwerke Bergheim | 00:56:48 |
| 20 | (1692) | 162. gesamt ESSER, Martin | 1975 | | 00:57:02 |
| 21 | (79) | 166. gesamt PANKE, Marc | 1974 | | 00:57:08 |
| 22 | (691) | 172. gesamt STROHHÄCKER, Jörg | 1975 | | 00:57:18 |
| 23 | (37) | 181. gesamt FROHN, Michael | 1974 | | 00:57:51 |
| 24 | (1693) | 204. gesamt CORICA, Pasquale | 1974 | | 00:59:55 |
| 25 | (66) | 238. gesamt DIEDERICHS, Wolfgang | 1975 | Tagesvater - Bedburg | 01:02:14 |
| 26 | (525) | 268. gesamt MELZER, Andy | 1977 | | 01:04:31 |
| 27 | (33) | 270. gesamt MARINO, Giannino | 1977 | | 01:04:35 |
| 28 | (237) | 274. gesamt BURGHARDT, Marcel | 1973 | Marien Apotheke | 01:04:59 |
| 29 | (1672) | 298. gesamt RUSS, Steffen | 1973 | SRVGG Oberfort | 01:06:25 |
| 30 | (1734) | 317. gesamt ASSENMACHER, Klaus | 1973 | Wellenläufer | 01:08:00 |
| 31 | (615) | 342. gesamt KINGS, Simon | 1977 | FC Bergheim 2000 D2 | 01:10:52 |
| 32 | (1607) | 361. gesamt BRUCH, Stefan | 1976 | GVG-Laufteam | 01:14:01 |
| SENIOREN M45 | | | | | |
| 1 | (34) | 10. gesamt POISCHEN, Thomas | 1970 | BSG RheinEnergie AG | 00:39:10 |
| 2 | (1616) | 23. gesamt ERMERT, Dirk | 1970 | GVG-Laufteam | 00:42:53 |
| 3 | (77) | 69. gesamt SOWADE, Uli | 1970 | Run of Colours Promoteam | 00:50:02 |
| 4 | (648) | 91. gesamt SCHMITZ, Stephan | 1972 | die 4 Schmitzens | 00:52:03 |
| 5 | (678) | 100. gesamt MAYR, Roland | 1971 | Kita Sonnenblume - Glessen | 00:52:37 |
| 6 | (1671) | 110. gesamt WÖLK, Stephan | 1971 | Acte Herren Bergheim 2000 | 00:53:13 |
| 7 | (512) | 115. gesamt ADOLPHS, Horst | 1968 | Bunert - Der Kölner Laufladen | 00:53:38 |
| 8 | (135) | 122. gesamt SCHNEIDER, Jens | 1968 | | 00:54:09 |
| 9 | (101) | 130. gesamt NORBURY, Mark | 1971 | | 00:54:38 |
| 10 | (146) | 133. gesamt HOLZPORZ, Dr. Stefan | 1970 | TEAM MEDIO | 00:55:13 |
| 11 | (1721) | 140. gesamt KRAMER, Thomas | 1971 | | 00:55:51 |
| 12 | (381) | 143. gesamt OOSTHOEK, Luc | 1969 | | 00:55:58 |
| 13 | (73) | 144. gesamt RÖHRIG, Jörg | 1970 | | 00:56:00 |
| 14 | (685) | 151. gesamt HEIL, Dietmar | 1968 | Laufmonster | 00:56:12 |
| 15 | (125) | 152. gesamt SCHUBERT, Stefan | 1970 | Ski-Club Bovert | 00:56:12 |



2. GVG Abendlauf Bergheim

HAUPTLAUF (10 KM) WERTUNG NACH ALTERSKLASSEN

| RG (STNR) | RG GES | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|---------------------|-------------|-------------------------|------|-------------------------------|----------|
| SENIOREN M45 | | | | | |
| 16 (305) | 155. gesamt | KRONENBERG, Torsten | 1969 | | 00:56:19 |
| 17 (68) | 161. gesamt | NIX, Markus | 1969 | | 00:56:49 |
| 18 (161) | 164. gesamt | FUß, Oliver | 1971 | TEAM MEDIO | 00:57:06 |
| 19 (175) | 165. gesamt | WALLSTAB, Frank | 1970 | Kreissparkasse Köln | 00:57:07 |
| 20 (49) | 167. gesamt | SCHARENBERG, Jan | 1971 | | 00:57:08 |
| 21 (16) | 183. gesamt | VORNWEG, Juergen | 1971 | | 00:58:12 |
| 22 (670) | 193. gesamt | NEUNZIG, Kai | 1972 | Kita Sonnenblume - Glessen | 00:58:34 |
| 23 (265) | 216. gesamt | ERKEN, Joerg | 1971 | | 01:00:45 |
| 24 (449) | 219. gesamt | MENGELS - KLEIN, Oliver | 1968 | Borussia Hohenlind | 01:00:53 |
| 25 (547) | 223. gesamt | ADOLPHS, Horst | 1968 | Just Fit Bergheim | 01:01:05 |
| 26 (499) | 233. gesamt | BRAUN, Dirk | 1971 | Frauenform | 01:01:50 |
| 27 (1646) | 234. gesamt | DOLFEN, Stefan | 1971 | GVG-Laufteam | 01:01:51 |
| 28 (640) | 241. gesamt | NIEßEN, Dr. Gero | 1969 | | 01:02:28 |
| 29 (690) | 247. gesamt | STROHHÄCKER, Carsten | 1971 | | 01:02:50 |
| 30 (124) | 252. gesamt | ROTHLÄNDER, Markus | 1972 | Die Laufburschen | 01:03:11 |
| 31 (171) | 325. gesamt | SCHWARZ, Jörg | 1969 | Polizei-SV Düsseldorf | 01:08:50 |
| 32 (22) | 336. gesamt | KLOTH, Serjoscha | 1970 | Jany Runners | 01:10:17 |
| 33 (1689) | 365. gesamt | ORTMANN, Utz | 1972 | | 01:14:23 |
| 34 (626) | 366. gesamt | THOMAS, Michael | 1972 | FC Bergheim 2000 D2 | 01:14:24 |
| 35 (552) | 369. gesamt | GERTMANN, Michael | 1970 | Just Fit Bergheim | 01:14:59 |
| SENIOREN M50 | | | | | |
| 1 (1725) | 4. gesamt | VON KUK, Carsten | 1967 | LT DSHS Köln | 00:36:22 |
| 2 (1701) | 15. gesamt | WENDLAND, Jörg | 1964 | | 00:39:50 |
| 3 (1698) | 25. gesamt | ECKERT, Klaus | 1963 | Rommerskirchen | 00:43:45 |
| 4 (682) | 44. gesamt | MAMET, Michael | 1967 | ESV Horrem | 00:46:29 |
| 5 (387) | 57. gesamt | KRICHEL, Wolfgang | 1964 | | 00:48:12 |
| 6 (565) | 70. gesamt | ORLOWSKI, Dietmar | 1963 | Just Fit Bergheim | 00:50:05 |
| 7 (1644) | 72. gesamt | WARDENBACH, Thomas | 1967 | GVG-Laufteam | 00:50:17 |
| 8 (689) | 73. gesamt | MÖDDER, Wolfgang | 1965 | Marienapotheke | 00:50:19 |
| 9 (104) | 74. gesamt | OTTO, MICHAEL | 1967 | | 00:50:19 |
| 10 (118) | 88. gesamt | CZEKALLA, Claus | 1963 | | 00:51:41 |
| 11 (1654) | 93. gesamt | HACHMANN, Axel | 1967 | Family Run | 00:52:05 |
| 12 (31) | 97. gesamt | WITT, Guido | 1965 | LG RWE Power | 00:52:30 |
| 13 (315) | 101. gesamt | BOLLIG, Klaus | 1964 | RWE POWER Schule zum Römertur | 00:52:41 |
| 14 (13) | 102. gesamt | EBELER, Dr. Guido | 1964 | Erftrunners | 00:52:44 |
| 15 (1603) | 105. gesamt | ABROMEIT, Werner | 1965 | GVG-Laufteam | 00:53:04 |
| 16 (1645) | 112. gesamt | WIERK, Andreas | 1967 | GVG-Laufteam | 00:53:18 |
| 17 (132) | 134. gesamt | POHL, Michael | 1964 | | 00:55:22 |
| 18 (46) | 142. gesamt | KURTH, Tom | 1967 | | 00:55:55 |
| 19 (325) | 146. gesamt | BLOCH, Dirk | 1967 | | 00:56:01 |
| 20 (324) | 147. gesamt | BLOCH, Volker | 1966 | | 00:56:02 |
| 21 (150) | 148. gesamt | PECHAN, Olaf | 1964 | TEAM MEDIO | 00:56:03 |



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HAUPTLAUF (10 KM) WERTUNG NACH ALTERSKLASSEN

| RG (STNR) | RG GES | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|---------------------|--------|---------------|--------------------------|---------------------------------------|----------|
| SENIOREN M50 | | | | | |
| 22 | (10) | 158. gesamt | SCHULZ, Frank | 1963 | 00:56:41 |
| 23 | (609) | 174. gesamt | PFORDT, Alexander | 1965 BKZ | 00:57:28 |
| 24 | (1610) | 182. gesamt | DONAT, Michael | 1965 GVG-Laufteam | 00:57:53 |
| 25 | (584) | 196. gesamt | BRANDENBURG, Manfred | 1964 | 00:58:48 |
| 26 | (140) | 197. gesamt | GRABKA, Jürgen | 1964 | 00:58:56 |
| 27 | (258) | 210. gesamt | HECKER, Klaus | 1966 Marien Apotheke | 01:00:33 |
| 28 | (254) | 211. gesamt | WEIGL, Alex | 1965 Marien Apotheke | 01:00:33 |
| 29 | (517) | 245. gesamt | FÄRBER, Bernd | 1963 | 01:02:38 |
| 30 | (656) | 248. gesamt | TOMA, Rene | 1965 LC Jugend 07 Bergheim e.V. | 01:02:52 |
| 31 | (93) | 258. gesamt | JUSCHKA, Tom | 1966 KREISSTADTLÄUFER | 01:03:44 |
| 32 | (1656) | 286. gesamt | MIEßELER, Volker | 1966 Kreisstadtläufer / Bürgermeister | 01:06:06 |
| SENIOREN M55 | | | | | |
| 1 | (1697) | 8. gesamt | RUHNKE, Robert | 1958 LG RWE Power | 00:38:51 |
| 2 | (1719) | 61. gesamt | PODZUS, Horst | 1961 | 00:48:36 |
| 3 | (1613) | 64. gesamt | EIDENS, Georg | 1961 GVG-Laufteam | 00:49:20 |
| 4 | (1635) | 68. gesamt | ROSSO, Mario | 1960 GVG-Laufteam | 00:50:00 |
| 5 | (117) | 75. gesamt | BETTMER, Bruno | 1959 BSG Siemens | 00:50:21 |
| 6 | (1618) | 116. gesamt | FIEDLER, Stefan | 1958 GVG-Laufteam | 00:53:53 |
| 7 | (1704) | 119. gesamt | PALM, Berthold | 1959 TuS Brauweiler | 00:54:02 |
| 8 | (604) | 120. gesamt | JOHNEN, Manfred | 1958 LG RWE Power | 00:54:03 |
| 9 | (1) | 131. gesamt | PRANG, Hans | 1961 | 00:55:02 |
| 10 | (35) | 175. gesamt | HEISE, Olaf | 1959 BSV Zieverich 78 e.V. | 00:57:41 |
| 11 | (105) | 178. gesamt | WURDA, Werner | 1960 SC Fortuna Köln | 00:57:48 |
| 12 | (1730) | 187. gesamt | KAUMANN, Friedrich | 1961 SpVgg Kirch-Grottenherten | 00:58:26 |
| 13 | (459) | 195. gesamt | BREUCH, Karl-Heinz | 1962 | 00:58:40 |
| 14 | (1680) | 217. gesamt | BLOMENKAMP, Hans-Joachim | 1962 | 01:00:48 |
| 15 | (238) | 275. gesamt | MÖCKER, Uwe | 1962 Marien Apotheke | 01:04:59 |
| 16 | (518) | 295. gesamt | BRANDT, Jürgen | 1958 Team Freiburg | 01:06:17 |
| 17 | (491) | 333. gesamt | FALKNER, Helmut | 1960 VitaminSport | 01:09:48 |
| SENIOREN M60 | | | | | |
| 1 | (96) | 38. gesamt | BURRE, Frank | 1957 TSV Meerbusch | 00:46:13 |
| 2 | (1709) | 53. gesamt | MÖBUS, Volkmar | 1953 LT Skinny Bergheim 02 | 00:47:34 |
| 3 | (573) | 55. gesamt | SCHWABE, Bernd | 1956 TuS Brauweiler | 00:47:51 |
| 4 | (645) | 77. gesamt | KLEIN, Heinz-Georg | 1956 TV Huchem-Stammeln | 00:50:31 |
| 5 | (1726) | 98. gesamt | PITSCH, Achim | 1957 LG Kreissparkasse Köln | 00:52:31 |
| 6 | (119) | 127. gesamt | BRIEGER, Thomas | 1956 1. FC Spich | 00:54:22 |
| 7 | (1643) | 180. gesamt | VONDÖHREN, Burkhard | 1956 GVG-Laufteam | 00:57:49 |
| 8 | (554) | 228. gesamt | BRÜSER, Lorenz | 1954 Just Fit Bergheim | 01:01:39 |
| 9 | (458) | 230. gesamt | LEONHARDT, Klaus | 1953 AS Düren 12 | 01:01:49 |
| 10 | (486) | 306. gesamt | KÖHLER, Wolfgang | 1956 VitaminSport | 01:07:13 |
| SENIOREN M65 | | | | | |



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HAUPTLAUF (10 KM) WERTUNG NACH ALTERSKLASSEN

| RG (STNR) | RG GES | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|--------------------------|-------------|---------------------|------|----------------------------|----------|
| SENIOREN M65 | | | | | |
| 1 (473) | 177. gesamt | MARX, Hubert | 1949 | LG RWE Power | 00:57:48 |
| 2 (1679) | 309. gesamt | MACHEFER, Guy | 1948 | | 01:07:29 |
| SENIOREN M70 | | | | | |
| 1 (693) | 58. gesamt | PIERAU, Karl | 1947 | LC Jugend 07 Bergheim | 00:48:13 |
| 2 (102) | 240. gesamt | GOEPEL, Volker | 1946 | | 01:02:27 |
| SENIOREN M75 | | | | | |
| 1 (1639) | 246. gesamt | STROHHÄCKER, Günter | 1939 | GVG-Laufteam | 01:02:49 |
| SENIOREN M85 | | | | | |
| 1 (1661) | 337. gesamt | N.N., 1661 | 1901 | bitte bei Zeitnahme melden | 01:10:40 |
| MÄNNL. JUGEND U14 | | | | | |
| 1 (650) | 90. gesamt | SCHMITZ, Lukas | 2004 | die 4 Schmitzens | 00:52:02 |
| 2 (692) | 171. gesamt | STROHHÄCKER, Kenan | 2004 | ASV Köln | 00:57:17 |
| 3 (639) | 281. gesamt | RÖSSLER, Jan Erik | 2004 | Praxis Bemelmanns | 01:05:40 |
| 4 (247) | 356. gesamt | BURGHARDT, Peter | 2004 | Marien Apotheke | 01:13:13 |
| 5 (251) | 360. gesamt | GEHRMANN, Paul | 2005 | Marien Apotheke | 01:13:33 |
| MÄNNL. JUGEND U16 | | | | | |
| 1 (570) | 253. gesamt | GERTMANN, Jonah | 2002 | Just Fit Bergheim | 01:03:14 |
| MÄNNL. JUGEND U18 | | | | | |
| 1 (1684) | 149. gesamt | DUES, Fritz | 2001 | LC 07 Bergheim Jugend | 00:56:10 |
| MÄNNL. JUGEND U20 | | | | | |
| 1 (535) | 33. gesamt | HASHIMI, Borhan | 1999 | Team Medio | 00:45:07 |
| 2 (540) | 173. gesamt | TAJICK, Elias | 1999 | Team Medio | 00:57:23 |
| 3 (500) | 338. gesamt | CHRIST, Oliver | 1998 | | 01:10:47 |
| MÄNNL. KINDER U10 | | | | | |
| 1 (636) | 314. gesamt | SCHOENEN, Peter | 2009 | Rot weiß berrendorf | 01:07:56 |
| MÄNNL. KINDER U12 | | | | | |
| 1 (444) | 184. gesamt | FASOLI, Mathias | 2006 | Borussia Hohenlind | 00:58:17 |
| 2 (441) | 185. gesamt | BECKER, Marc | 2006 | Borussia Hohenlind | 00:58:20 |
| 3 (1727) | 192. gesamt | SCHMITZ, Alexander | 2006 | LC Weilerswist | 00:58:31 |
| 4 (447) | 194. gesamt | HELFRICH, Luca | 2006 | Borussia Hohenlind | 00:58:35 |
| 5 (440) | 220. gesamt | MENGELS, Florian | 2006 | Borussia Hohenlind | 01:00:54 |
| 6 (443) | 221. gesamt | SCHNEIDER, Felix | 2006 | Borussia Hohenlind | 01:00:54 |
| 7 (1706) | 249. gesamt | DIETRICH, Felix | 2006 | | 01:03:05 |
| 8 (624) | 263. gesamt | DEBUS, Paul | 2006 | FC Bergheim 2000 D2 | 01:04:04 |
| 9 (434) | 282. gesamt | CHEN, Mika | 2006 | Borussia Hohenlind | 01:05:46 |



2. GVG Abendlauf Bergheim

HAUPTLAUF (10 KM) WERTUNG NACH ALTERSKLASSEN

| RG (STNR) | RG GES | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|--------------------------|--------|---------------|---------------------|-----------------------------|----------|
| MÄNNL. KINDER U12 | | | | | |
| 10 | (433) | 283. gesamt | BIEG, Kaspar | 2006 Borussia Hohenlind | 01:05:46 |
| 11 | (633) | 297. gesamt | GEHDE, Philipp | 2006 FC Bergheim 2000 D 2 | 01:06:21 |
| 12 | (651) | 312. gesamt | SCHMITZ, Felix | 2007 die 4 Schmitzens | 01:07:47 |
| 13 | (446) | 324. gesamt | SPITZ, Marc | 2006 Borussia Hohenlind | 01:08:43 |
| 14 | (439) | 327. gesamt | HARCHAOUI, Faysal | 2006 Borussia Hohenlind | 01:09:18 |
| 15 | (445) | 328. gesamt | TURHAN, Murat | 2006 Borussia Hohenlind | 01:09:19 |
| 16 | (436) | 329. gesamt | NZIMBA, Juelson | 2006 Borussia Hohenlind | 01:09:24 |
| 17 | (619) | 357. gesamt | KERPEN, Tim | 2006 FC Bergheim 2000 D2 | 01:13:14 |
| 18 | (253) | 359. gesamt | MIERSCH, Valentin | 2006 Marien Apotheke | 01:13:31 |
| 19 | (631) | 362. gesamt | THOMAS, Vincent | 2006 FC Bergheim 2000 D2 | 01:14:20 |
| 20 | (1690) | 363. gesamt | KUNHARDT, Rasmus | 2007 | 01:14:21 |
| MÄNNL. KINDER U8 | | | | | |
| 1 | (700) | 214. gesamt | BÜRGER, Volker | 2017 Go Do Sports | 01:00:43 |
| FRAUEN | | | | | |
| 1 | (667) | 52. gesamt | SCHMITZ, Katrin | 1993 Laufclub Weilerswist | 00:47:33 |
| 2 | (1647) | 60. gesamt | GEIER, Sandra | 1990 Ragas Dachdeckerei | 00:48:31 |
| 3 | (111) | 65. gesamt | ZSCHOCKE, Clara | 1990 | 00:49:39 |
| 4 | (1674) | 206. gesamt | HÖTGEN, Caro | 1989 TriCologne | 01:00:02 |
| 5 | (100) | 213. gesamt | WIRTZ, Monja | 1989 | 01:00:41 |
| 6 | (352) | 262. gesamt | STEINERT, Alina | 1993 HSV Troisdorf | 01:04:01 |
| 7 | (127) | 279. gesamt | LIPPELT, Judith | 1991 run for fun | 01:05:34 |
| 8 | (40) | 290. gesamt | FELDMANN, Janine | 1992 | 01:06:09 |
| 9 | (343) | 299. gesamt | KRETSCHMER, Martina | 1990 HSV Troisdorf | 01:06:26 |
| 10 | (346) | 321. gesamt | RICHTER, Rebecca | 1991 HSV Troisdorf | 01:08:02 |
| 11 | (339) | 322. gesamt | STEINERT, Carina | 1991 HSV Troisdorf | 01:08:02 |
| JUNIORINNEN U23 | | | | | |
| 1 | (482) | 224. gesamt | BATMAZ, Kader | 1997 | 01:01:05 |
| 2 | (353) | 243. gesamt | STRUß, Katharina | 1995 HSV Troisdorf | 01:02:34 |
| 3 | (489) | 266. gesamt | TILLACK, Jenifer | 1995 VitaminSport | 01:04:23 |
| 4 | (350) | 272. gesamt | SEHER, Hannah | 1996 HSV Troisdorf | 01:04:46 |
| 5 | (43) | 289. gesamt | SCHWARZ, Yasmina | 1996 | 01:06:09 |
| 6 | (568) | 344. gesamt | BURBACH, Bianca | 1995 Just Fit Bergheim | 01:11:35 |
| 7 | (533) | 349. gesamt | YAVUZ, Emel | 1996 Team Medio | 01:12:30 |
| SENIORINNEN W30 | | | | | |
| 1 | (394) | 28. gesamt | BÜRGER, Marita | 1984 DJK Kleinenbroich | 00:44:34 |
| 2 | (397) | 125. gesamt | STECKENBORN, Nadine | 1987 Astrid Lindgren Schule | 00:54:19 |
| 3 | (87) | 136. gesamt | LUTAJ, Ewgenija | 1987 | 00:55:36 |
| 4 | (558) | 137. gesamt | STOLZ, Manuela | 1986 Just Fit Bergheim | 00:55:36 |
| 5 | (109) | 169. gesamt | EWERT, Heike | 1986 | 00:57:08 |
| 6 | (309) | 200. gesamt | LEPPIN, Tanja | 1983 Justfit Frechen | 00:59:18 |



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HAUPTLAUF (10 KM) WERTUNG NACH ALTERSKLASSEN

| RG (STNR) | RG GES | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|------------------------|--------|---------------|-----------------------|---------------------------------|----------|
| SENIORINNEN W30 | | | | | |
| 7 | (355) | 202. gesamt | YASAR, Özgün | 1987 HSV Troisdorf | 00:59:20 |
| 8 | (635) | 205. gesamt | FAUST, Daniela | 1986 | 01:00:00 |
| 9 | (147) | 226. gesamt | SCHMITZ, Sandra | 1987 TEAM MEDIO | 01:01:20 |
| 10 | (299) | 271. gesamt | CIZMOWSKI, Maren | 1983 | 01:04:45 |
| 11 | (106) | 353. gesamt | OLLIGSCHLÄGER, Jana | 1983 | 01:12:48 |
| 12 | (379) | 374. gesamt | STAHL, Daniela | 1986 | 01:15:34 |
| 13 | (312) | 386. gesamt | EßER, Simone | 1986 | 01:30:37 |
| SENIORINNEN W35 | | | | | |
| 1 | (1728) | 42. gesamt | LOBEN, Caro | 1981 Laufen gegen Leiden | 00:46:19 |
| 2 | (177) | 89. gesamt | KAATZ, Miriam | 1981 Kreissparkasse Köln | 00:51:45 |
| 3 | (1624) | 114. gesamt | HAUSER, Dunja | 1979 GVG-Laufteam | 00:53:34 |
| 4 | (585) | 124. gesamt | OGAMBA, Simone | 1981 Kein Verein | 00:54:18 |
| 5 | (303) | 179. gesamt | POHL, Maria | 1980 | 00:57:49 |
| 6 | (9) | 186. gesamt | MINDT, Yvonne | 1980 | 00:58:21 |
| 7 | (340) | 201. gesamt | FRICKE, Katja | 1979 HSV Troisdorf | 00:59:19 |
| 8 | (244) | 203. gesamt | PÜTZ, Almut | 1979 Marien Apotheke | 00:59:55 |
| 9 | (1660) | 231. gesamt | BURK, Lena | 1982 | 01:01:49 |
| 10 | (1711) | 239. gesamt | ESSER, Silke | 1981 LC Euskirchen | 01:02:15 |
| 11 | (675) | 257. gesamt | HARF-HENSEN, Simone | 1979 Kita Sonnenblume - Glessen | 01:03:42 |
| 12 | (526) | 269. gesamt | HAAG, Sabine | 1982 | 01:04:31 |
| 13 | (637) | 276. gesamt | RODDER, Julia | 1980 | 01:05:13 |
| 14 | (1665) | 294. gesamt | SELVAKAJAH, Sonja | 1979 | 01:06:14 |
| 15 | (668) | 308. gesamt | NEUNZIG, Britta | 1978 Kita Sonnenblume - Glessen | 01:07:19 |
| 16 | (380) | 318. gesamt | BUCHHOLZ, Nadine | 1979 Wellenläufer | 01:08:01 |
| 17 | (1608) | 323. gesamt | COFALLA, Daniela | 1978 GVG-Laufteam | 01:08:16 |
| 18 | (400) | 326. gesamt | DUENSING, Johanne | 1978 Astrid Lindgren Schule | 01:08:55 |
| 19 | (351) | 330. gesamt | STILLER, Britta | 1980 HSV Troisdorf | 01:09:27 |
| 20 | (347) | 331. gesamt | RÜMSCHÜSSEL, Dr. Ruth | 1981 HSV Troisdorf | 01:09:27 |
| 21 | (628) | 341. gesamt | KINGS, Daniela | 1980 FC Bergheim 2000 D2 | 01:10:52 |
| 22 | (86) | 343. gesamt | KLEIN, Britta | 1978 | 01:11:17 |
| 23 | (548) | 348. gesamt | HÖFS, Andrea | 1979 Just Fit Bergheim | 01:12:30 |
| 24 | (302) | 367. gesamt | PISCHEL, Heike | 1978 | 01:14:44 |
| 25 | (696) | 371. gesamt | LEONE, Nadia | 1980 | 01:15:09 |
| 26 | (1681) | 373. gesamt | BENDEL, Janita | 1981 | 01:15:31 |
| SENIORINNEN W40 | | | | | |
| 1 | (1688) | 11. gesamt | LINDER, Melanie | 1975 Art Duesseldorf | 00:39:11 |
| 2 | (687) | 95. gesamt | PERKHOF, Jutta | 1976 Kita Sonnenblume - Glessen | 00:52:20 |
| 3 | (688) | 96. gesamt | MEVISSSEN, Andrea | 1973 Kita Sonnenblume - Glessen | 00:52:20 |
| 4 | (190) | 111. gesamt | ABTS, Anne | 1975 Kreissparkasse Köln | 00:53:18 |
| 5 | (75) | 117. gesamt | LIMBURG, Andrea | 1977 | 00:53:58 |
| 6 | (186) | 121. gesamt | GEPPERT, Daniela | 1973 Kreissparkasse Köln | 00:54:08 |



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HAUPTLAUF (10 KM) WERTUNG NACH ALTERSKLASSEN

| RG (STNR) | RG GES | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|------------------------|--------|---------------|---------------------------|---------------------------------|----------|
| SENIORINNEN W40 | | | | | |
| 7 | (38) | 132. gesamt | FECK, Mona | 1975 | 00:55:04 |
| 8 | (1687) | 190. gesamt | NASHAN, Sandra | 1975 | 00:58:28 |
| 9 | (613) | 191. gesamt | SCHRÖCK, Claudia | 1977 LC Euskirchen | 00:58:28 |
| 10 | (327) | 209. gesamt | SESSNER, Kirsten | 1973 Zitronenhühner | 01:00:30 |
| 11 | (1627) | 212. gesamt | KOHLGRAF, Linda | 1977 GVG-Laufteam | 01:00:37 |
| 12 | (39) | 225. gesamt | FRANK, Cristiane | 1973 | 01:01:09 |
| 13 | (1707) | 250. gesamt | DIETRICH, Alexandra | 1975 | 01:03:07 |
| 14 | (1625) | 259. gesamt | KETELHUT, Daniela | 1976 GVG-Laufteam | 01:04:00 |
| 15 | (144) | 285. gesamt | GERLACH, Claudia | 1975 | 01:05:56 |
| 16 | (462) | 302. gesamt | BONRAD, Judith | 1975 | 01:06:43 |
| 17 | (357) | 303. gesamt | RAHN, Susanne | 1974 HSV Troisdorf | 01:06:49 |
| 18 | (148) | 332. gesamt | KLEEFISCH, Yvonne | 1975 TEAM MEDIO | 01:09:36 |
| 19 | (246) | 339. gesamt | BURGHARDT, Sandra | 1973 Marien Apotheke | 01:10:51 |
| 20 | (531) | 347. gesamt | JOOS, Lisa | 1976 Team Medio | 01:12:26 |
| 21 | (627) | 358. gesamt | KERPEN, Pia | 1977 FC Bergheim 2000 D2 | 01:13:18 |
| 22 | (553) | 368. gesamt | STERMSEK, Britta | 1976 Just Fit Bergheim | 01:14:59 |
| 23 | (28) | 384. gesamt | MARTINI, Martina | 1975 | 01:18:41 |
| SENIORINNEN W45 | | | | | |
| 1 | (1724) | 22. gesamt | SCHWANKE, Martina | 1970 LG Donatus Erftstadt | 00:42:03 |
| 2 | (1678) | 99. gesamt | MÜLLER-BADER, Sabine | 1970 | 00:52:35 |
| 3 | (1611) | 104. gesamt | DONAT, Nicol | 1968 GVG-Laufteam | 00:52:55 |
| 4 | (1642) | 106. gesamt | LEHMANN, Anke | 1971 LV Stommeln | 00:53:06 |
| 5 | (74) | 118. gesamt | ZERVOS, Nicole | 1968 | 00:54:00 |
| 6 | (61) | 135. gesamt | BIANCO, Sabine | 1969 Rhein Erft Runner | 00:55:23 |
| 7 | (65) | 139. gesamt | JULIUS DE VALQUI, Nadja | 1971 | 00:55:43 |
| 8 | (18) | 156. gesamt | PACKMOHR, Kirsten | 1969 Hobbyläufer | 00:56:30 |
| 9 | (21) | 157. gesamt | FLIRI, Elke | 1969 KSK Köln | 00:56:41 |
| 10 | (141) | 198. gesamt | BREUER-FEDERWISCH, Gudrun | 1969 time2move | 00:59:13 |
| 11 | (699) | 215. gesamt | SPOHR, Claudia | 1971 GO DO Sports | 01:00:43 |
| 12 | (260) | 235. gesamt | KONEN, Diane | 1972 Terminator Mädels | 01:02:00 |
| 13 | (94) | 237. gesamt | JUSCHKA, Britta | 1969 KREISSTADTLÄUFER | 01:02:13 |
| 14 | (179) | 254. gesamt | LANGENS, Michaela | 1972 Kreissparkasse Köln | 01:03:23 |
| 15 | (677) | 264. gesamt | MAYR, Adelheid | 1971 Kita Sonnenblume - Glessen | 01:04:04 |
| 16 | (1657) | 287. gesamt | DE BARK, Yvonne | 1972 | 01:06:06 |
| 17 | (301) | 291. gesamt | GERLACH, Andrea | 1972 | 01:06:11 |
| 18 | (1714) | 305. gesamt | AUSTERMANN, Angela | 1971 | 01:06:52 |
| 19 | (649) | 311. gesamt | SCHMITZ, Klaudia | 1972 die 4 Schmitzens | 01:07:47 |
| 20 | (249) | 340. gesamt | SPOHR, Sandra | 1972 Marien Apotheke | 01:10:51 |
| 21 | (564) | 345. gesamt | ORLOWSKI, Anja | 1968 Just Fit Bergheim | 01:11:35 |
| 22 | (476) | 346. gesamt | NIESSEN, Daniela | 1969 Inges Erftschncken | 01:11:46 |
| 23 | (1691) | 350. gesamt | KRÄMER, Simone | 1969 | 01:12:34 |
| 24 | (95) | 354. gesamt | SCHIFFER, Anke | 1969 KREISSTADTLÄUFER | 01:12:59 |



2. GVG Abendlauf Bergheim

HAUPTLAUF (10 KM) WERTUNG NACH ALTERSKLASSEN

| RG (STNR) | RG GES | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT | |
|--------------------------|--------|---------------|-----------------------|--------------------|--------------------------|----------|
| SENIORINNEN W45 | | | | | | |
| 25 | (589) | 364. gesamt | CLAUDIA, Thomas | 1972 | Praxis Bemelmanns | 01:14:22 |
| 26 | (4) | 378. gesamt | PRANG, Martina | 1968 | | 01:17:08 |
| 27 | (2) | 385. gesamt | SCHLAß, Kerstin | 1970 | | 01:19:10 |
| SENIORINNEN W50 | | | | | | |
| 1 | (385) | 43. gesamt | PRESCHA, Kristiane | 1967 | TriCologne | 00:46:22 |
| 2 | (322) | 63. gesamt | DITTMER, Inge | 1965 | | 00:49:19 |
| 3 | (1731) | 188. gesamt | KAUMANN, Helga | 1964 | Move Bedburg | 00:58:26 |
| 4 | (1716) | 207. gesamt | WOLF, Petra | 1965 | ERGO sports Köln | 01:00:08 |
| 5 | (1713) | 222. gesamt | BECKER, Heike | 1967 | SCB Horrem | 01:01:01 |
| 6 | (239) | 227. gesamt | DUES, Heike | 1963 | Marien Apotheke | 01:01:21 |
| 7 | (1653) | 242. gesamt | HACHMANN, Doris | 1964 | Family Run | 01:02:30 |
| 8 | (1670) | 244. gesamt | KULLMANN, Agnes | 1965 | | 01:02:36 |
| 9 | (590) | 278. gesamt | BREER, Georg | 1965 | | 01:05:27 |
| 10 | (490) | 288. gesamt | NEISCHE, Helga | 1967 | VitaminSport | 01:06:08 |
| 11 | (483) | 300. gesamt | JUNGGEBURTH, Petra | 1966 | VitaminSport | 01:06:34 |
| 12 | (484) | 301. gesamt | KÖNEN, Martina | 1966 | VitaminSport | 01:06:34 |
| 13 | (356) | 304. gesamt | BACKESHOFF, Dagmar | 1965 | HSV Troisdorf | 01:06:49 |
| 14 | (603) | 316. gesamt | POLOCZEK, Aniela | 1966 | | 01:07:58 |
| 15 | (396) | 319. gesamt | SCHORN, Susanne | 1966 | | 01:08:01 |
| 16 | (320) | 334. gesamt | KRAUS, Monika | 1965 | | 01:10:14 |
| 17 | (697) | 370. gesamt | KAMP, Bärbel | 1967 | | 01:15:09 |
| SENIORINNEN W55 | | | | | | |
| 1 | (638) | 109. gesamt | ESSER, Heidrun | 1960 | | 00:53:13 |
| 2 | (646) | 159. gesamt | BUNGART, Monika Maria | 1959 | TV Huchem-Stammeln | 00:56:46 |
| 3 | (358) | 261. gesamt | STEINERT, Michaela | 1962 | HSV Troisdorf | 01:04:01 |
| 4 | (126) | 280. gesamt | LIPPELT, Irmgard | 1959 | run for fun | 01:05:38 |
| 5 | (318) | 335. gesamt | UPSING, Ingrid | 1962 | | 01:10:15 |
| 6 | (475) | 372. gesamt | PITSCH, Inge | 1958 | Inges Erftschnecken | 01:15:31 |
| SENIORINNEN W65 | | | | | | |
| 1 | (1622) | 189. gesamt | HAJEK, Verena | 1952 | GVG-Laufteam | 00:58:27 |
| WEIBL. JUGEND U14 | | | | | | |
| 1 | (686) | 150. gesamt | HEIL, Tabea | 2004 | Laufmonster | 00:56:10 |
| 2 | (162) | 163. gesamt | FUß, Christina | 2004 | TEAM MEDIO | 00:57:06 |
| 3 | (601) | 260. gesamt | MÖNNICH, Joy | 2004 | Praxis Bemelmanns | 01:04:00 |
| 4 | (372) | 310. gesamt | KORTHAUS, Alicia | 2004 | HSV Troisdorf | 01:07:36 |
| 5 | (374) | 320. gesamt | STAUDT, Charlotte | 2004 | HSV Troisdorf | 01:08:02 |
| WEIBL. JUGEND U16 | | | | | | |
| 1 | (1658) | 54. gesamt | SCHÄFER, Sophie | 2002 | LAV Habbelrat / Grefrath | 00:47:43 |
| 2 | (390) | 351. gesamt | GEHDE, Anne | 2003 | | 01:12:36 |



2. GVG Abendlauf Bergheim

HAUPTLAUF (10 KM) WERTUNG NACH ALTERSKLASSEN

| RG (STNR) | RG GES | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT | |
|--------------------------|--------|---------------|-----------------------|--------------------|-------------------|-----------------|
| WEIBL. JUGEND U18 | | | | | | |
| 1 | (1655) | 92. gesamt | HACHMANN, Anna | 2000 | Family Run | 00:52:03 |
| 2 | (362) | 292. gesamt | NIEDERBREMER, Marijke | 2000 | HSV Troisdorf | 01:06:13 |
| 3 | (360) | 293. gesamt | BACKESHOFF, Sarah | 2000 | HSV Troisdorf | 01:06:14 |
| 4 | (367) | 296. gesamt | ZEHRER, Helen | 2000 | HSV Troisdorf | 01:06:18 |
| 5 | (344) | 352. gesamt | LUZAK, Lara | 2000 | HSV Troisdorf | 01:12:41 |
| 6 | (366) | 381. gesamt | WOLKOW, Angelika | 2000 | HSV Troisdorf | 01:18:22 |
| 7 | (359) | 382. gesamt | AKKUS, Feyza | 2000 | HSV Troisdorf | 01:18:22 |
| 8 | (363) | 383. gesamt | PAGE, Katharina | 2001 | HSV Troisdorf | 01:18:22 |
| WEIBL. JUGEND U20 | | | | | | |
| 1 | (1703) | 21. gesamt | SCHMITZ, Sarah | 1998 | ASV Köln | 00:41:47 |
| 2 | (345) | 199. gesamt | REUSCH, Laura | 1999 | HSV Troisdorf | 00:59:18 |
| 3 | (341) | 379. gesamt | HERING, Sophie | 1999 | HSV Troisdorf | 01:17:46 |
| 4 | (557) | 380. gesamt | SPORN, Janina | 1998 | Just Fit Bergheim | 01:18:21 |