



## 46. Int. Kamener Volks- und Straßenlauf

**WALKING / NORDIC WALKING (5 KM)** ERGEBNISLISTE A-Z

| (STNR) | NAME, VORNAME       | JG   | VEREIN / (WOHNORT)               | ZEIT            |
|--------|---------------------|------|----------------------------------|-----------------|
| (621)  | BARZ, Sigrid        | 1946 |                                  | <b>00:50:32</b> |
| (563)  | GOMMEN, Bernd       | 1946 | N.W.Hobbygruppe Ahlen            | <b>00:39:12</b> |
| (564)  | GOMMEN-RECHAU, Gaby | 1963 | N.W.Hobbygruppe Ahlen            | <b>00:45:30</b> |
| (565)  | GROH, Marie Luise   | 1935 | N.W.Hobbygruppe Ahlen            | <b>00:39:29</b> |
| (643)  | GÜLDE, Pia          | 1966 |                                  | <b>00:44:11</b> |
| (631)  | HEYWINKEL, Brita    | 1947 | VfL Kamen                        | <b>00:50:32</b> |
| (515)  | KAISER, Dieter      | 1959 | Lauffreunde Bönen 1985           | <b>00:37:59</b> |
| (633)  | KAMPE, Sandra       | 1972 |                                  | <b>00:40:11</b> |
| (501)  | KIRCHNER, Annette   | 1966 | Kaiserau 20                      | <b>00:40:32</b> |
| (661)  | KLAAS, Wolfgang     | 1935 |                                  | <b>00:49:06</b> |
| (663)  | KRAUSE, Ulrich      | 1956 | PZM                              | <b>00:42:06</b> |
| (574)  | MIELEK, Heike       | 1969 | BTC-Herne                        | <b>00:49:47</b> |
| (505)  | NAGEL, Thomas       | 1961 | Lauf Team Unna                   | <b>00:37:32</b> |
| (636)  | PODOLAK, Monika     | 1977 |                                  | <b>00:37:03</b> |
| (635)  | PODOLAK, Oliver     | 2003 |                                  | <b>00:35:41</b> |
| (541)  | SCHULZ, Cornelia    | 1959 | Hartman Tri-Team                 | <b>00:45:21</b> |
| (632)  | STUNZ, Erika        | 1934 | Teutonia-Lanstrop                | <b>00:50:41</b> |
| (506)  | ZEY, Silvia         | 1966 | Lauf Team Unna                   | <b>00:41:32</b> |
| (551)  | ZIMMERMANN, Thomas  | 1972 | BSG Kirchliche Versorgungskassen | <b>00:38:53</b> |