



## Time &amp; Voice Lauf Cup Köln 2015

**GESAMTWERTUNG** NACH ALTERSKLASSEN

| RG NAME, VORNAME                 | Winterlauf #1 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #3 Porz - 15km | Winterlauf #3 Porz - 10km | Frühlingslauf Porz - 21km | Frühlingslauf Porz - 10km | Oswald-Hirschfeld-Lauf - 10km | Sommerlauf Porz - 10km | 10 Meilen von Köln - 10km | 10 Meilen von Köln - 10km | Kölner Friedenslauf - 10mi | Herbstlauf Porz - 10km | Herbstlauf Porz - 10km | Heide Silvesterlauf - 21km | Summe      |
|----------------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|-------------------------------|------------------------|---------------------------|---------------------------|----------------------------|------------------------|------------------------|----------------------------|------------|
| <b>Männer</b>                    |                           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |            |
| <b>1</b> HUNOLD, Maximilian      | 192                       | 197                       |                           | 199                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>588</b> |
| <b>2</b> VAN DE LOO, Robin       | 193                       | 194                       |                           | 198                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>585</b> |
| <b>3</b> BORNHEIM, Fabian        |                           |                           | 197                       | 199                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>396</b> |
| <b>4</b> MOHR, Benjamin          | 195                       | 194                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>389</b> |
| <b>5</b> SCHWANE, Adrien         |                           | 196                       | 191                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>387</b> |
| <b>6</b> SIEBERT, Steve          | 190                       | 195                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>385</b> |
| <b>7</b> KHANDJARI, Hossein      |                           |                           |                           |                           |                           |                           | 198                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>198</b> |
| <b>8</b> WEIDE, David            |                           |                           |                           | 198                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>198</b> |
| <b>9</b> HERRERA, Felix          |                           | 198                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>198</b> |
| <b>10</b> VERDAM, David          |                           |                           |                           | 194                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>194</b> |
| <b>11</b> GILLEN, Philippe       | 194                       |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>194</b> |
| <b>12</b> KÖSTER, Wanja          |                           | 193                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>193</b> |
| <b>13</b> SCHRIMPF, Florian      |                           |                           | 188                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>188</b> |
| <b>14</b> JUCHEM, Philipp        | 185                       |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>185</b> |
| <b>Junioren U23</b>              |                           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |            |
| <b>1</b> MAURER, Sam             | 198                       | 200                       | 200                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>598</b> |
| <b>2</b> SCHIAVO, Pietro Alfonso |                           |                           | 198                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>198</b> |
| <b>3</b> MOHAMED, Ali Abdi       |                           | 198                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>198</b> |
| <b>4</b> GRÖNE, Sascha           | 195                       |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>195</b> |



## Time &amp; Voice Lauf Cup Köln 2015

**GESAMTWERTUNG** NACH ALTERSKLASSEN

| RG NAME, VORNAME            | Winterlauf #1 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #3 Porz - 15km | Winterlauf #3 Porz - 10km | Frühlingslauf Porz - 21km | Frühlingslauf Porz - 10km | Oswald-Hirschfeld-Lauf - 16km | Sommerlauf Porz - 10km | 10 Meilen von Köln - 10km | 10 Meilen von Köln - 10km | Kölher Friedenslauf - 10mi | Herbstlauf Porz - 10km | Herbstlauf Porz - 10km | Heide Silvesterlauf - 21km | Summe      |
|-----------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|-------------------------------|------------------------|---------------------------|---------------------------|----------------------------|------------------------|------------------------|----------------------------|------------|
| <b>Senioren M30</b>         |                           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |            |
| <b>1</b> ALTMANN, Markus    | 188                       | 198                       |                           | 189                       |                           | 198                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>773</b> |
| <b>2</b> BENDER, Dennis     | 197                       | 198                       |                           | 198                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>593</b> |
| <b>3</b> NIMETOGLU, Ahmet   | 177                       | 187                       |                           | 176                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>540</b> |
| <b>4</b> DICKMEIS, Michael  | 195                       |                           |                           | 192                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>387</b> |
| <b>5</b> KÖPPE, Stefan      |                           |                           |                           |                           |                           | 191                       |                           | 194                           |                        |                           |                           |                            |                        |                        |                            | <b>385</b> |
| <b>6</b> ZENS, Simon        | 184                       | 185                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>369</b> |
| <b>7</b> MENRATH, Christian |                           |                           |                           |                           |                           |                           | 200                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>200</b> |
| <b>8</b> JACOB, Torsten     |                           |                           |                           |                           |                           | 198                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>198</b> |
| <b>9</b> CHRISTIAN, Søren   |                           |                           |                           |                           |                           |                           |                           | 197                           |                        |                           |                           |                            |                        |                        |                            | <b>197</b> |
| <b>10</b> MUCHA, Bastian    |                           |                           |                           |                           |                           | 197                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>197</b> |
| <b>11</b> RUNDIO, Michael   |                           | 194                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>194</b> |
| <b>12</b> SALLEN, Niko      |                           | 190                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>190</b> |
| <b>13</b> SARAIVA, Marco    |                           | 188                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>188</b> |
| <b>14</b> ARNING, Jan       |                           |                           |                           | 186                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>186</b> |
| <b>15</b> PEUKERT, Bastian  | 181                       |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>181</b> |



## Time &amp; Voice Lauf Cup Köln 2015

**GESAMTWERTUNG** NACH ALTERSKLASSEN

| RG NAME, VORNAME                   | Winterlauf #1 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #2 Porz - 15km | Winterlauf #3 Porz - 10km | Frühlingslauf Porz - 21km | Frühlingslauf Porz - 10km | Oswald-Hirschfeld-Lauf - 16km | Sommerlauf Porz - 10km | 10 Meilen von Köln - 10km | 10 Meilen von Köln - 10mi | Kölher Friedenslauf - 10km | Herbstlauf Porz - 10km | Herbstlauf Porz - 10km | Heide Silvesterlauf - 21km | Summe       |
|------------------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|-------------------------------|------------------------|---------------------------|---------------------------|----------------------------|------------------------|------------------------|----------------------------|-------------|
| <b>Senioren M35</b>                |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |             |
| <b>1</b> BREUNUNG, Dirk            | 200                       | 200                       |                           | 200                       | 200                       |                           | 200                           |                        |                           |                           |                            |                        |                        |                            | <b>1000</b> |
| <b>2</b> BOTT, Alexander           | 163                       | 184                       |                           | 181                       |                           |                           | 194                           | 189                    |                           |                           |                            |                        |                        |                            | <b>911</b>  |
| <b>3</b> EßER, André               | 193                       | 200                       |                           | 197                       |                           |                           | 200                           |                        |                           |                           |                            |                        |                        |                            | <b>790</b>  |
| <b>4</b> LAST, Christoph           | 190                       |                           | 197                       |                           | 198                       |                           | 199                           |                        |                           |                           |                            |                        |                        |                            | <b>784</b>  |
| <b>5</b> HIRSCHFELD, Sascha        | 181                       |                           | 195                       |                           | 192                       | 191                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>759</b>  |
| <b>6</b> REINARTZ, Michael         | 168                       | 192                       |                           | 191                       |                           | 190                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>741</b>  |
| <b>7</b> NENTWICH, Henry           | 169                       |                           | 183                       |                           | 182                       |                           | 196                           |                        |                           |                           |                            |                        |                        |                            | <b>730</b>  |
| <b>8</b> BERGRATH, Markus          | 194                       |                           | 199                       |                           | 199                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>592</b>  |
| <b>9</b> SCHNEIDER, Marco          | 189                       | 199                       |                           | 195                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>583</b>  |
| <b>10</b> BIELEFELDT, Heinz        | 188                       |                           | 196                       |                           | 195                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>579</b>  |
| <b>11</b> HOCHKÖPPER, Oliver       | 185                       | 193                       |                           | 194                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>572</b>  |
| <b>12</b> PESCHEL, Sascha          | 182                       |                           | 194                       |                           | 194                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>570</b>  |
| <b>13</b> DREUTH, Christoph        | 191                       |                           | 171                       |                           |                           | 197                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>559</b>  |
| <b>14</b> SCHNEIDER, Markus        | 179                       |                           | 191                       |                           | 187                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>557</b>  |
| <b>15</b> VOLMER, Martin           | 180                       | 187                       |                           | 189                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>556</b>  |
| <b>16</b> SINZIG, Michael          | 172                       |                           | 186                       |                           | 180                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>538</b>  |
| <b>17</b> JAUKE, Alexander         | 183                       |                           |                           |                           | 190                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>373</b>  |
| <b>18</b> JANSSEN, Markus          | 162                       | 185                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>347</b>  |
| <b>19</b> KIEHLE, Christian        | 199                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>199</b>  |
| <b>20</b> FINKE, Christian Olivier |                           |                           |                           |                           |                           |                           | 198                           |                        |                           |                           |                            |                        |                        |                            | <b>198</b>  |
| <b>21</b> ROTH, Andreas            |                           |                           |                           | 198                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>198</b>  |
| <b>22</b> HELLEBUSCH, Timo         |                           |                           |                           |                           |                           | 196                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>196</b>  |
| <b>23</b> REINTZSCH, Ingo          |                           |                           |                           | 186                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>186</b>  |
| <b>24</b> BALDE, Edward            |                           |                           |                           |                           | 181                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>181</b>  |



## Time &amp; Voice Lauf Cup Köln 2015

**GESAMTWERTUNG** NACH ALTERSKLASSEN

| RG NAME, VORNAME              | Winterlauf #1 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #3 Porz - 15km | Winterlauf #3 Porz - 10km | Frühlingslauf Porz - 21km | Frühlingslauf Porz - 10km | Oswald-Hirschfeld-Lauf - 16km | Sommerlauf Porz - 10km | 10 Meilen von Köln - 10km | 10 Meilen von Köln - 10km | Kölher Friedenslauf - 10mi | Herbstlauf Porz - 10km | Herbstlauf Porz - 10km | Heide Silvesterlauf - 21km | Summe      |
|-------------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|-------------------------------|------------------------|---------------------------|---------------------------|----------------------------|------------------------|------------------------|----------------------------|------------|
| <b>Senioren M40</b>           |                           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |            |
| <b>1</b> KUTHE, Thorsten      | 183                       | 189                       |                           | 191                       |                           | 197                       | 193                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>953</b> |
| <b>2</b> PLAZINSKI, Gerhard   | 180                       | 190                       |                           | 190                       |                           | 196                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>756</b> |
| <b>3</b> GREWE, Marc          | 199                       | 197                       |                           | 200                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>596</b> |
| <b>4</b> OBERNDÖRFER, Martin  | 195                       | 196                       |                           |                           |                           |                           | 199                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>590</b> |
| <b>5</b> FRANZ, Einiko        | 192                       | 194                       |                           | 196                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>582</b> |
| <b>6</b> BAARS, Henning       | 187                       | 192                       |                           | 195                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>574</b> |
| <b>7</b> LEHELDT, Stefan      | 170                       |                           | 194                       |                           | 194                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>558</b> |
| <b>8</b> RÜFFLER, Andreas     | 169                       | 192                       |                           | 193                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>554</b> |
| <b>9</b> VON NISWANDT, Timo   | 176                       |                           |                           | 182                       |                           | 195                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>553</b> |
| <b>10</b> MÜNCH, Daniel       | 154                       | 187                       |                           | 190                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>531</b> |
| <b>11</b> MEINERS, Christian  | 168                       | 182                       |                           | 179                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>529</b> |
| <b>12</b> SCHREINER, Jan      |                           |                           |                           | 196                       |                           |                           | 190                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>386</b> |
| <b>13</b> MISSENBERGER, Marco |                           |                           |                           |                           |                           | 197                       | 189                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>386</b> |
| <b>14</b> DUBIEL, Jaroslaw    | 184                       |                           | 197                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>381</b> |
| <b>15</b> PFEIFFER, Axel      | 177                       |                           |                           |                           |                           | 199                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>376</b> |
| <b>16</b> MÜLLER, Michael     | 185                       | 191                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>376</b> |
| <b>17</b> WOLFGARTEN, Marco   | 155                       | 186                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>341</b> |
| <b>18</b> MOHRMANN, Moehre    | 161                       | 174                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>335</b> |
| <b>19</b> SKOPNIK, Manuel     |                           | 199                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>199</b> |
| <b>20</b> HOLST, Stephan      |                           |                           |                           |                           |                           |                           | 192                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>192</b> |
| <b>21</b> BIRKENFELD, Florian | 167                       |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>167</b> |



## Time &amp; Voice Lauf Cup Köln 2015

**GESAMTWERTUNG** NACH ALTERSKLASSEN

| RG NAME, VORNAME                | Winterlauf #1 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #3 Porz - 15km | Winterlauf #3 Porz - 10km | Frühlingslauf Porz - 21km | Frühlingslauf Porz - 10km | Oswald-Hirschfeld-Lauf - 16km | Sommerlauf Porz - 10km | 10 Meilen von Köln - 10km | 10 Meilen von Köln - 10km | Kölher Friedenslauf - 10mi | Herbstlauf Porz - 10km | Herbstlauf Porz - 10km | Heide Silvesterlauf - 21km | Summe      |
|---------------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|-------------------------------|------------------------|---------------------------|---------------------------|----------------------------|------------------------|------------------------|----------------------------|------------|
| <b>Senioren M45</b>             |                           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |            |
| <b>1</b> RÖSLER, Denis          | 195                       | 197                       |                           | 198                       |                           | 197                       |                           | 198                           |                        |                           |                           |                            |                        |                        |                            | <b>985</b> |
| <b>2</b> BRÄUTIGAM, Dr. Claus   | 192                       |                           | 198                       |                           | 196                       |                           | 200                       | 197                           |                        |                           |                           |                            |                        |                        |                            | <b>983</b> |
| <b>3</b> DRESBACH, Frank        | 168                       | 188                       |                           | 179                       |                           | 195                       |                           | 191                           |                        |                           |                           |                            |                        |                        |                            | <b>921</b> |
| <b>4</b> SCHMIDT, Michael       | 149                       | 181                       |                           | 182                       |                           | 193                       |                           | 186                           |                        |                           |                           |                            |                        |                        |                            | <b>891</b> |
| <b>5</b> KÜHNE, Kai             | 160                       |                           | 168                       |                           | 168                       |                           | 193                       | 184                           |                        |                           |                           |                            |                        |                        |                            | <b>873</b> |
| <b>6</b> HOFFMANN, Michael      | 120                       |                           | 151                       |                           | 175                       | 180                       |                           | 176                           |                        |                           |                           |                            |                        |                        |                            | <b>802</b> |
| <b>7</b> SCHNEIDER, Norbert     | 199                       | 200                       |                           | 200                       |                           |                           |                           | 200                           |                        |                           |                           |                            |                        |                        |                            | <b>799</b> |
| <b>8</b> NIEKRAWIETZ, Peter     | 175                       | 189                       |                           | 190                       |                           |                           | 195                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>749</b> |
| <b>9</b> EISERMANN, Stephan     | 170                       |                           | 183                       |                           | 183                       |                           |                           | 189                           |                        |                           |                           |                            |                        |                        |                            | <b>725</b> |
| <b>10</b> RAUTENBERG, Stefan    | 166                       |                           | 186                       |                           | 176                       |                           | 197                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>725</b> |
| <b>11</b> VALKYSER, Christof    | 164                       | 182                       |                           |                           |                           | 192                       |                           | 185                           |                        |                           |                           |                            |                        |                        |                            | <b>723</b> |
| <b>12</b> WOITYNEK, Sascha      | 129                       |                           | 190                       |                           | 181                       |                           | 188                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>688</b> |
| <b>13</b> GRAU, Holger          | 121                       |                           | 179                       |                           | 163                       |                           | 194                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>657</b> |
| <b>14</b> GUZZO-FOLIARO, Franco | 122                       | 171                       |                           | 174                       |                           |                           |                           | 177                           |                        |                           |                           |                            |                        |                        |                            | <b>644</b> |
| <b>15</b> STOJIC, Rolf          |                           |                           |                           | 199                       |                           | 200                       |                           | 199                           |                        |                           |                           |                            |                        |                        |                            | <b>598</b> |
| <b>16</b> KELOUDIS, Georgios    | 194                       |                           | 197                       |                           | 180                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>571</b> |
| <b>17</b> SCHWAB, Stefan        | 148                       | 178                       |                           | 175                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>501</b> |
| <b>18</b> PAGERS, Sven          | 141                       | 177                       |                           | 180                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>498</b> |
| <b>19</b> VOß, Roland           | 137                       |                           | 161                       |                           | 162                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>460</b> |
| <b>20</b> THÖNNES, Uwe          | 135                       |                           | 155                       |                           | 159                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>449</b> |
| <b>21</b> BOVO, Frank           | 188                       |                           | 195                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>383</b> |
| <b>22</b> WEIß, Richard         |                           |                           |                           |                           |                           | 189                       |                           | 188                           |                        |                           |                           |                            |                        |                        |                            | <b>377</b> |
| <b>23</b> BORSCHBACH, Markus    |                           | 173                       |                           | 171                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>344</b> |
| <b>24</b> ENGELHARDT, Kai       |                           |                           |                           |                           |                           | 199                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>199</b> |
| <b>25</b> KOHLSTRUNG, Marcus    |                           |                           |                           |                           |                           |                           | 192                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>192</b> |
| <b>26</b> DREES, Volker         | 177                       |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>177</b> |
| <b>27</b> BLÖMER, Karsten       |                           |                           |                           |                           | 172                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>172</b> |
| <b>28</b> KÖTT, Stefan          |                           |                           | 159                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>159</b> |
| <b>29</b> TSCHÖKE, Thomas       | 152                       |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>152</b> |
| <b>30</b> DANNERT, Carsten      | 143                       |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>143</b> |



## Time &amp; Voice Lauf Cup Köln 2015

**GESAMTWERTUNG** NACH ALTERSKLASSEN

| RG NAME, VORNAME               | Winterlauf #1 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #2 Porz - 15km | Winterlauf #3 Porz - 10km | Frühlingslauf Porz - 21km | Frühlingslauf Porz - 10km | Oswald-Hirschfeld-Lauf - 16km | Sommerlauf Porz - 10km | 10 Meilen von Köln - 10km | 10 Meilen von Köln - 10mi | Kölher Friedenslauf - 10km | Herbstlauf Porz - 10km | Herbstlauf Porz - 10km | Heide Silvesterlauf - 21km | Summe      |
|--------------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|-------------------------------|------------------------|---------------------------|---------------------------|----------------------------|------------------------|------------------------|----------------------------|------------|
| <b>Senioren M50</b>            |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |            |
| <b>1</b> ENGELBRACHT, Frank    | 199                       | 199                       | 200                       |                           | 197                       | 199                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>994</b> |
| <b>2</b> DUDLEY, Richard       | 196                       | 199                       |                           | 196                       |                           | 199                       | 200                           |                        |                           |                           |                            |                        |                        |                            | <b>990</b> |
| <b>3</b> BLÖCKER, Thomas       | 192                       | 194                       |                           | 190                       | 200                       |                           | 198                           |                        |                           |                           |                            |                        |                        |                            | <b>974</b> |
| <b>4</b> MANTHEI, Christian    | 188                       | 189                       |                           | 188                       | 199                       |                           | 197                           |                        |                           |                           |                            |                        |                        |                            | <b>961</b> |
| <b>5</b> HANSEN, Christoph     | 168                       | 192                       |                           | 190                       |                           | 197                       | 193                           |                        |                           |                           |                            |                        |                        |                            | <b>940</b> |
| <b>6</b> HUPPERTZ, Horst       | 157                       | 164                       |                           | 162                       | 188                       |                           | 186                           |                        |                           |                           |                            |                        |                        |                            | <b>857</b> |
| <b>7</b> KNAUF, Albert         | 198                       | 200                       |                           | 200                       | 200                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>798</b> |
| <b>8</b> BOELTER, Thomas       | 169                       | 174                       |                           | 175                       |                           | 191                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>709</b> |
| <b>9</b> LEYENDECKER, Matthias | 149                       | 187                       |                           | 186                       |                           |                           | 181                           |                        |                           |                           |                            |                        |                        |                            | <b>703</b> |
| <b>10</b> CREMER, Jürgen       | 155                       | 175                       |                           | 173                       | 196                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>699</b> |
| <b>11</b> LEY, Thomas          | 162                       | 173                       |                           | 172                       | 189                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>696</b> |
| <b>12</b> PODZUS, Horst        | 159                       | 170                       |                           | 169                       |                           |                           | 182                           |                        |                           |                           |                            |                        |                        |                            | <b>680</b> |
| <b>13</b> WOLLENWEBER, Uwe     | 148                       | 161                       |                           |                           | 182                       |                           | 180                           |                        |                           |                           |                            |                        |                        |                            | <b>671</b> |
| <b>14</b> VIANDEN, Wolfgang    | 181                       |                           |                           |                           | 190                       |                           | 194                           |                        |                           |                           |                            |                        |                        |                            | <b>565</b> |
| <b>15</b> ARENS, Norbert       | 186                       | 187                       |                           | 183                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>556</b> |
| <b>16</b> RESCH, Kilian        | 174                       | 180                       |                           |                           |                           | 195                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>549</b> |
| <b>17</b> GRIMM, Manfred       | 164                       |                           |                           |                           |                           | 192                       | 192                           |                        |                           |                           |                            |                        |                        |                            | <b>548</b> |
| <b>18</b> KAMMLER, Reinhard    | 180                       | 181                       |                           | 182                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>543</b> |
| <b>19</b> FABIAN, Steffen      | 171                       | 171                       |                           | 197                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>539</b> |
| <b>20</b> THIEMERMANN, Norbert | 167                       | 176                       |                           | 174                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>517</b> |
| <b>21</b> BLÄSING, Norbert     |                           | 198                       |                           | 198                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>396</b> |
| <b>22</b> KAULBACH, Stefan     |                           |                           |                           | 193                       | 198                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>391</b> |
| <b>23</b> NIEDERWIPPER, Harald | 189                       | 198                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>387</b> |
| <b>24</b> LEONHARDT, Thomas    |                           | 194                       |                           | 191                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>385</b> |
| <b>25</b> PRUß, Thomas         |                           |                           |                           |                           | 185                       | 191                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>376</b> |
| <b>26</b> KUSCH, Thomas        | 156                       |                           |                           | 167                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>323</b> |
| <b>27</b> KEITEL, Sönke        | 146                       | 158                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>304</b> |
| <b>28</b> GHANEM, Achim        |                           |                           |                           | 198                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>198</b> |



## Time &amp; Voice Lauf Cup Köln 2015

**GESAMTWERTUNG** NACH ALTERSKLASSEN

| RG NAME, VORNAME             | Winterlauf #1 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #3 Porz - 15km | Winterlauf #3 Porz - 10km | Frühlingslauf Porz - 21km | Frühlingslauf Porz - 10km | Oswald-Hirschfeld-Lauf - 16km | Sommerlauf Porz - 10km | 10 Meilen von Köln - 10km | 10 Meilen von Köln - 10km | Kölher Friedenslauf - 10mi | Herbstlauf Porz - 10km | Herbstlauf Porz - 10km | Heide Silvesterlauf - 21km | Summe      |
|------------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|-------------------------------|------------------------|---------------------------|---------------------------|----------------------------|------------------------|------------------------|----------------------------|------------|
| <b>Senioren M55</b>          |                           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |            |
| <b>1</b> DONATH, Aurelius    | 196                       | 200                       |                           | 199                       |                           |                           | 200                       | 198                           |                        |                           |                           |                            |                        |                        |                            | <b>993</b> |
| <b>2</b> WURDA, Werner       | 174                       |                           | 181                       |                           | 170                       |                           | 195                       | 193                           |                        |                           |                           |                            |                        |                        |                            | <b>913</b> |
| <b>3</b> KIRSCHKE, Gerd      | 195                       | 199                       |                           | 198                       |                           | 199                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>791</b> |
| <b>4</b> KIESEL, Ralf        | 194                       |                           | 197                       |                           | 199                       |                           |                           | 199                           |                        |                           |                           |                            |                        |                        |                            | <b>789</b> |
| <b>5</b> DITTRICH, Winfried  | 190                       |                           | 196                       |                           | 192                       |                           | 198                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>776</b> |
| <b>6</b> PETER, Ronald       | 181                       | 191                       |                           | 194                       |                           |                           | 197                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>763</b> |
| <b>7</b> RUHNKE, Robert      | 200                       |                           | 200                       |                           | 200                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>600</b> |
| <b>8</b> LOTZWICK, Achim     | 177                       |                           | 187                       |                           | 180                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>544</b> |
| <b>9</b> SCHAFFARCZYK, Bernd |                           |                           |                           |                           | 198                       | 200                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>398</b> |
| <b>10</b> JENSCH, Frank      |                           | 196                       |                           | 197                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>393</b> |
| <b>11</b> GUTERMANN, Gerd W. | 171                       |                           |                           | 190                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>361</b> |
| <b>12</b> MICHELS, Olaf      |                           |                           |                           |                           | 191                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>191</b> |
| <b>13</b> KIMMERLE, Helmut   | 188                       |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>188</b> |
| <b>Senioren M60</b>          |                           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |            |
| <b>1</b> MÖBUS, Volkmar      | 200                       |                           | 199                       |                           | 199                       |                           |                           | 199                           |                        |                           |                           |                            |                        |                        |                            | <b>797</b> |
| <b>2</b> PNIEWSKI, Bernd     |                           | 199                       |                           | 199                       |                           |                           | 200                       | 196                           |                        |                           |                           |                            |                        |                        |                            | <b>794</b> |
| <b>3</b> MOGA, Bruno         | 192                       |                           | 195                       |                           | 193                       | 198                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>778</b> |
| <b>4</b> OHL, Heinz          | 188                       | 193                       |                           | 192                       |                           |                           |                           | 193                           |                        |                           |                           |                            |                        |                        |                            | <b>766</b> |
| <b>5</b> ISBANER, Wolfgang   |                           |                           |                           | 200                       |                           | 200                       |                           | 200                           |                        |                           |                           |                            |                        |                        |                            | <b>600</b> |
| <b>6</b> SOETHOUT, Guido     | 198                       |                           |                           |                           |                           |                           | 199                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>397</b> |
| <b>7</b> REDA, Karl-Heinz    |                           |                           |                           |                           |                           |                           | 197                       | 194                           |                        |                           |                           |                            |                        |                        |                            | <b>391</b> |
| <b>8</b> STECKEL, Manfred    | 189                       |                           | 193                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>382</b> |
| <b>Senioren M65</b>          |                           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |            |
| <b>1</b> GRÄTER, Kurt        | 197                       | 196                       |                           | 197                       |                           | 200                       |                           | 193                           |                        |                           |                           |                            |                        |                        |                            | <b>983</b> |
| <b>2</b> FEIGE, Manfred      | 196                       | 194                       |                           | 195                       |                           | 198                       |                           | 192                           |                        |                           |                           |                            |                        |                        |                            | <b>975</b> |
| <b>3</b> KERSTING, Friedel   | 200                       | 197                       |                           | 200                       |                           | 198                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>795</b> |
| <b>4</b> WÜST, Hans Werner   |                           |                           | 200                       |                           | 200                       |                           |                           | 199                           |                        |                           |                           |                            |                        |                        |                            | <b>599</b> |
| <b>5</b> BECKER, Claus       | 199                       |                           | 199                       |                           | 199                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>597</b> |
| <b>6</b> JÄGER, Peter        |                           | 200                       |                           |                           |                           |                           |                           | 200                           |                        |                           |                           |                            |                        |                        |                            | <b>400</b> |
| <b>7</b> PIERAU, Karl        |                           |                           | 199                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>199</b> |



## Time &amp; Voice Lauf Cup Köln 2015

**GESAMTWERTUNG** NACH ALTERSKLASSEN

| RG NAME, VORNAME              | Winterlauf #1 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #2 Porz - 15km | Winterlauf #3 Porz - 10km | Frühlingslauf Porz - 21km | Frühlingslauf Porz - 10km | Oswald-Hirschfeld-Lauf - 16km | Sommerlauf Porz - 10km | 10 Meilen von Köln - 10km | 10 Meilen von Köln - 10mi | Kölher Friedenslauf - 10km | Herbstlauf Porz - 10km | Herbstlauf Porz - 10km | Heide Silvesterlauf - 21km | Heide Silvesterlauf - 10km | Summe      |
|-------------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|-------------------------------|------------------------|---------------------------|---------------------------|----------------------------|------------------------|------------------------|----------------------------|----------------------------|------------|
| <b>Senioren M70</b>           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |                            |            |
| <b>1</b> KOGLIN, Bodo         | 199                       | 200                       | 199                       | 199                       | 199                       |                           |                               |                        |                           |                           |                            |                        |                        |                            |                            | <b>996</b> |
| <b>2</b> VON HARLESSEM, Klaus | 200                       |                           | 200                       | 200                       | 200                       |                           |                               |                        |                           |                           |                            |                        |                        |                            |                            | <b>800</b> |
| <b>3</b> BECKER, Walter       |                           |                           | 198                       | 198                       | 198                       |                           |                               |                        |                           |                           |                            |                        |                        |                            |                            | <b>594</b> |
| <b>4</b> HERGARTEN, Dieter    | 198                       | 199                       | 197                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |                            | <b>594</b> |
| <b>Senioren M75</b>           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |                            |            |
| <b>1</b> BRUNNER, Ulrich      | 200                       | 200                       | 200                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |                            | <b>600</b> |
| <b>Senioren M80</b>           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |                            |            |
| <b>1</b> EHLERS, Wilhelm      |                           |                           | 200                       |                           |                           | 200                       |                               |                        |                           |                           |                            |                        |                        |                            |                            | <b>400</b> |




**GESAMTWERTUNG NACH ALTERSKLASSEN**

| RG NAME, VORNAME                 | Winterlauf #1 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #2 Porz - 15km | Winterlauf #3 Porz - 10km | Frühlingslauf Porz - 21km | Frühlingslauf Porz - 10km | Oswald-Hirschfeld-Lauf - 16km | Sommerlauf Porz - 10km | 10 Meilen von Köln - 10km | 10 Meilen von Köln - 10mi | Kölher Friedenslauf - 10km | Herbstlauf Porz - 10km | Herbstlauf Porz - 10km | Heide Silvesterlauf - 21km | Summe      |
|----------------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|-------------------------------|------------------------|---------------------------|---------------------------|----------------------------|------------------------|------------------------|----------------------------|------------|
| <b>Frauen</b>                    |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |            |
| <b>1</b> NOWACK, Nadine          | 189                       | 194                       | 196                       | 199                       | 195                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>973</b> |
| <b>2</b> WANG, Fang              |                           |                           |                           | 195                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>195</b> |
| <b>Juniorinnen U23</b>           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |            |
| <b>1</b> FURDEK, Julia           |                           |                           | 200                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>200</b> |
| <b>2</b> KÖTT, Rebecca           |                           | 200                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>200</b> |
| <b>3</b> STERCK, Melissa         |                           |                           | 199                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>199</b> |
| <b>Seniorinnen W30</b>           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |            |
| <b>1</b> ZIMMERMANN, Jessica     | 185                       | 191                       | 190                       | 195                       | 199                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>960</b> |
| <b>2</b> JOHANNES, Christine     | 192                       | 199                       | 198                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>589</b> |
| <b>3</b> FISCHER, Nathalie       | 191                       |                           | 197                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>388</b> |
| <b>4</b> HENNEKEN, Claudia Maria |                           |                           |                           |                           | 200                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>200</b> |
| <b>5</b> LINZ, Stefanie          |                           |                           |                           | 197                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>197</b> |
| <b>6</b> NICAISE, Charlotte      |                           | 197                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>197</b> |
| <b>7</b> LUX, Christiane         |                           |                           |                           | 196                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>196</b> |
| <b>8</b> SACHSE, Christin        |                           | 196                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>196</b> |
| <b>9</b> BOESTEN, Mijke          |                           | 193                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>193</b> |
| <b>10</b> KRÜGER, Anett          | 184                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>184</b> |
| <b>11</b> EßER, Liisa            | 182                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>182</b> |
| <b>Seniorinnen W35</b>           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |            |
| <b>1</b> QUITZAU, Julia          | 200                       | 198                       | 199                       | 199                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>796</b> |
| <b>2</b> EßER, Andrea            | 199                       | 198                       | 199                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>596</b> |
| <b>3</b> CHAMMAE, Nora           | 195                       | 196                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>391</b> |
| <b>4</b> GRAULICH, Natalia       | 194                       |                           |                           |                           | 196                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>390</b> |
| <b>5</b> HELLEBRAND, Diana       |                           |                           | 200                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>200</b> |
| <b>6</b> STRÄßBURG, Carolin      |                           |                           | 198                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>198</b> |
| <b>7</b> SCHMICKLER, Silke       |                           |                           |                           | 197                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>197</b> |



## Time &amp; Voice Lauf Cup Köln 2015

**GESAMTWERTUNG** NACH ALTERSKLASSEN

| RG NAME, VORNAME                  | Winterlauf #1 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #3 Porz - 15km | Winterlauf #3 Porz - 10km | Frühlingslauf Porz - 21km | Frühlingslauf Porz - 10km | Oswald-Hirschfeld-Lauf - 16km | Sommerlauf Porz - 10km | 10 Meilen von Köln - 10km | 10 Meilen von Köln - 10km | Kölher Friedenslauf - 10mi | Herbstlauf Porz - 10km | Herbstlauf Porz - 10km | Heide Silvesterlauf - 21km | Summe      |
|-----------------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|-------------------------------|------------------------|---------------------------|---------------------------|----------------------------|------------------------|------------------------|----------------------------|------------|
| <b>Seniorinnen W40</b>            |                           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |            |
| <b>1</b> FIGUEROA CARRASCO, Lidia | 176                       | 186                       |                           | 188                       |                           | 197                       |                           | 197                           |                        |                           |                           |                            |                        |                        |                            | <b>944</b> |
| <b>2</b> ALTHOFF, Kerstin         | 199                       |                           | 199                       |                           | 200                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>598</b> |
| <b>3</b> WEBER, Natalie           |                           |                           |                           |                           |                           | 200                       |                           | 200                           |                        |                           |                           |                            |                        |                        |                            | <b>400</b> |
| <b>4</b> ROCHE, Liz               |                           | 200                       |                           | 200                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>400</b> |
| <b>5</b> GRACKA, Eva              | 184                       | 190                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>374</b> |
| <b>6</b> DANIELS, Anke            | 197                       |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>197</b> |
| <b>7</b> HERTLING, Kerstin        |                           | 193                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>193</b> |
| <b>8</b> PILLMANN, Lara           | 185                       |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>185</b> |
| <b>9</b> WOITYNEK, Susanne        | 183                       |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>183</b> |
| <b>Seniorinnen W45</b>            |                           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |            |
| <b>1</b> HERRMANN, Jeannette      | 197                       |                           | 200                       |                           | 198                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>595</b> |
| <b>2</b> PRESCHA, Kristiane       | 199                       | 198                       |                           | 197                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>594</b> |
| <b>3</b> KÜTTNER, Christiane      | 198                       | 197                       |                           | 196                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>591</b> |
| <b>4</b> MOHRMANN, Follow Hollow  | 189                       |                           | 197                       |                           | 195                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>581</b> |
| <b>5</b> WAGNER, Ellen            | 191                       | 194                       |                           | 191                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>576</b> |
| <b>6</b> MÖBUS, Vera              | 186                       |                           | 196                       |                           | 193                       |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>575</b> |
| <b>7</b> HALLEN, Ute              | 179                       |                           |                           | 186                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>365</b> |
| <b>8</b> WAHLEN, Edith            |                           |                           |                           |                           |                           |                           |                           | 199                           |                        |                           |                           |                            |                        |                        |                            | <b>199</b> |
| <b>9</b> STOCKER, Sabine          |                           |                           |                           |                           |                           |                           |                           | 199                           |                        |                           |                           |                            |                        |                        |                            | <b>199</b> |
| <b>10</b> SCHNEIDER, Marion       |                           |                           |                           |                           |                           |                           |                           | 198                           |                        |                           |                           |                            |                        |                        |                            | <b>198</b> |
| <b>11</b> MANN, Birgit            |                           |                           |                           |                           |                           | 197                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>197</b> |
| <b>12</b> HILTROP, Christiane     |                           | 196                       |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>196</b> |
| <b>13</b> DÖRING, Gabriele        |                           |                           |                           |                           |                           | 194                       |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>194</b> |
| <b>Seniorinnen W50</b>            |                           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |            |
| <b>1</b> KOHL, Helga              | 191                       | 195                       |                           | 193                       |                           | 196                       |                           | 196                           |                        |                           |                           |                            |                        |                        |                            | <b>971</b> |
| <b>2</b> SONNTAG, Ursula          | 190                       | 194                       |                           | 192                       |                           | 195                       |                           | 195                           |                        |                           |                           |                            |                        |                        |                            | <b>966</b> |
| <b>3</b> HESSELING, Martina       | 198                       |                           | 199                       |                           | 200                       |                           | 199                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>796</b> |
| <b>4</b> MÖLLER, Geli             | 188                       | 193                       |                           | 194                       |                           |                           | 198                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>773</b> |
| <b>5</b> KRAMS, Sabine            | 185                       |                           | 193                       |                           |                           | 194                       |                           | 194                           |                        |                           |                           |                            |                        |                        |                            | <b>766</b> |
| <b>6</b> WOLF, Petra              | 183                       | 192                       |                           | 191                       |                           |                           | 197                       |                               |                        |                           |                           |                            |                        |                        |                            | <b>763</b> |
| <b>7</b> AHRENS, Heike            | 196                       |                           | 198                       |                           |                           |                           |                           | 200                           |                        |                           |                           |                            |                        |                        |                            | <b>594</b> |
| <b>8</b> RAMB, Birgit             | 197                       | 199                       |                           | 198                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>594</b> |
| <b>9</b> HÜPPELER, Antje          | 192                       |                           | 196                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            | <b>388</b> |



## Time &amp; Voice Lauf Cup Köln 2015

**GESAMTWERTUNG** NACH ALTERSKLASSEN

| RG NAME, VORNAME              | Winterlauf #1 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #2 Porz - 10km | Winterlauf #3 Porz - 15km | Winterlauf #3 Porz - 10km | Frühlingslauf Porz - 21km | Frühlingslauf Porz - 10km | Oswald-Hirschfeld-Lauf - 16km | Sommerlauf Porz - 10km | 10 Meilen von Köln - 10km | 10 Meilen von Köln - 10km | Kölher Friedenslauf - 10mi | Herbstlauf Porz - 10km | Herbstlauf Porz - 10km | Heide Silvesterlauf - 21km | Heide Silvesterlauf - 10km | Summe      |
|-------------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|-------------------------------|------------------------|---------------------------|---------------------------|----------------------------|------------------------|------------------------|----------------------------|----------------------------|------------|
| <b>Seniorinnen W55</b>        |                           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |                            |            |
| <b>1</b> KUCK, Annett         | 198                       | 198                       |                           | 199                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |                            | <b>595</b> |
| <b>2</b> HAHS, Eveline        | 193                       | 196                       |                           | 197                       |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |                            | <b>586</b> |
| <b>3</b> ZANGE, Gabi          |                           | 198                       |                           |                           |                           |                           |                           | 200                           |                        |                           |                           |                            |                        |                        |                            |                            | <b>398</b> |
| <b>4</b> WEGENER, Margret     |                           |                           | 194                       |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |                            | <b>194</b> |
| <b>Seniorinnen W60</b>        |                           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |                            |            |
| <b>1</b> SCHULZE, Bärbel      | 198                       | 198                       |                           | 199                       |                           | 200                       |                           | 197                           |                        |                           |                           |                            |                        |                        |                            |                            | <b>992</b> |
| <b>2</b> HAJEK, Verena        | 199                       |                           | 200                       |                           |                           |                           | 200                       | 200                           |                        |                           |                           |                            |                        |                        |                            |                            | <b>799</b> |
| <b>3</b> AYPHE, Karin         | 197                       | 197                       |                           |                           |                           | 199                       |                           | 196                           |                        |                           |                           |                            |                        |                        |                            |                            | <b>789</b> |
| <b>4</b> ROHRMOSER, Eva-Maria |                           |                           |                           | 198                       |                           | 198                       |                           | 195                           |                        |                           |                           |                            |                        |                        |                            |                            | <b>591</b> |
| <b>Seniorinnen W65</b>        |                           |                           |                           |                           |                           |                           |                           |                               |                        |                           |                           |                            |                        |                        |                            |                            |            |
| <b>1</b> WILCZEK, Eva         | 199                       | 200                       |                           | 200                       |                           | 200                       |                           | 200                           |                        |                           |                           |                            |                        |                        |                            |                            | <b>999</b> |