



3. Lauf zur 36. Winterserie des LSV Porz

NORDIC WALKING (5 KM) OVERALL-RANKING

| RG (STNR) | RG AK | NAME, VORNAME | JG | VEREIN / (WOHNORT) | ZEIT |
|------------------|--------|--------------------------|------|-----------------------------------|-----------------|
| 1 (567) | 1. M60 | FLÜGEL, Klaus | 1958 | | 00:33:42 |
| 2 (253) | 1. M40 | KEPPLER, Markus | 1979 | | 00:36:12 |
| 3 (617) | 1. M65 | OHL, Heinz | 1955 | Ohl Family Collies | 00:37:35 |
| 4 (652) | 1. M55 | WOLLENWEBER, Uwe | 1962 | LSV Porz / Köln | 00:38:17 |
| 5 (566) | 1. M70 | EMMERICH, Hans-Christoph | 1949 | Ohne | 00:39:24 |
| 6 (42) | 1. M45 | BARTH, Oliver | 1974 | LLG 80 Nordpark Köln | 00:42:03 |
| 7 (3187) | 2. M60 | FROHN, Peter | 1958 | TV Hasten | 00:42:23 |
| 8 (133) | 1. W40 | EICKHAUS, Astrid | 1978 | Running Donkeys | 00:42:26 |
| 9 (3054) | 3. M60 | HÖSCHLER, Peter | 1959 | Haus des Waldes | 00:43:28 |
| 10 (325) | 2. M65 | MAYER, Helmut | 1953 | Nordic-Walking mit Herz/Lev-Aktiv | 00:44:33 |
| 11 (626) | 1. W45 | ROTH, Gabi | 1973 | Nordic Walking mit Herz/Lev-Aktiv | 00:45:33 |
| 12 (188) | 1. M50 | HEIDKAMP, Georg | 1970 | Rittergut Steinbüchel | 00:46:47 |
| 13 (3053) | 1. W55 | HÖSCHLER, Ingeborg | 1962 | Haus des Waldes | 00:51:00 |
| 14 (45) | 1. W65 | BARTMANN, Margret | 1954 | | 00:53:05 |
| 15 (146) | 1. W60 | FEIL, Rosi | 1956 | | 00:53:07 |